



KUMARAGURU
college of technology
character is life

**NATIONAL
SERVICE
SCHEME
NSS
ANNUAL REPORT**





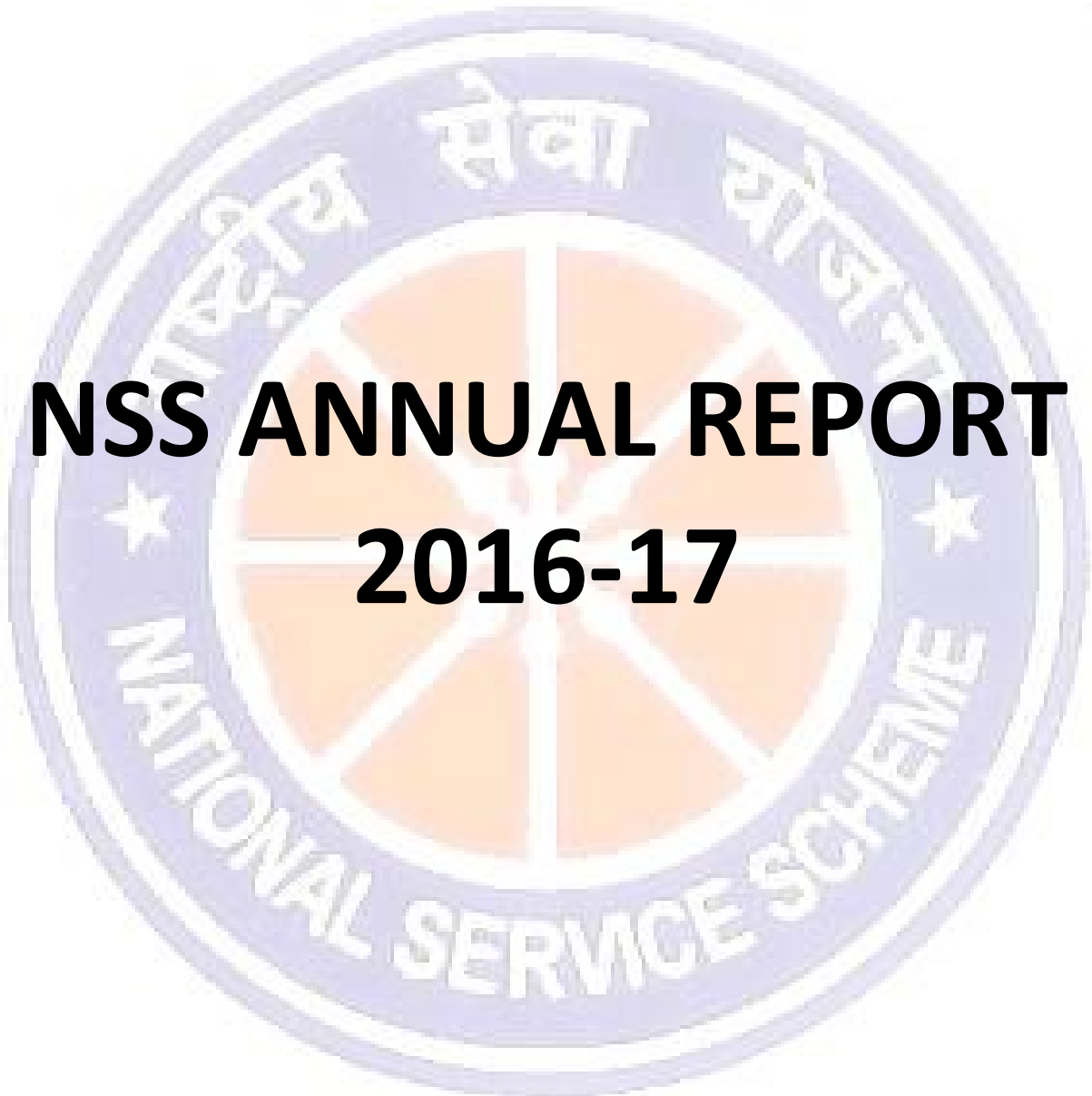
KUMARAGURU COLLEGE OF TECHNOLOGY



(An Autonomous Institution affiliated to Anna University, Coimbatore)

COIMBATORE-641049

NSS ANNUAL REPORT 2016-17



NSS RRC VBC CLUBS ORIENTATION

VENUE : KCT CAMPUS

DATE : 11.08. 2016

TIME : 5.00-6.30PM

The Orientation program of the clubs “NSS RRC VBC” of Kumaraguru college of technology was held on August 11, 2016. The chief guest of the program was Miss. Malar(NSS trainer) of Avinashilingam university and the special invitee was Mr.Shanmugam. Principal Dr. R.S.Kumar was the guest of honor for the program. First the program was kindled by lighting the Kuthuvilakku by Chiefguest, Special invitee and the President of NSS. Our President Yukendhar gave the welcome address. Then Principal R.S.Kumar addressed the gathering with his inspiring words. Special invitee Mr.Shanmugam enlightened the minds of the NSS volunteers by his inspiring speech. He shared his experiences of his social life as a leader of a village. He stressed the importance of young and exciting minds needed for the upliftment of the society.

Then Our Staff coordinator Dr.G.L.Satyamoorthy gave his thoughts and stressed the goals of NSS for the upcoming year. Chief guest Miss. Malar then made the gathering speechless through her energetic speech. She shared her

24 year experience as an NSS trainer. She explained the benefits and needs of NSS for the society. Finally the orientation program ended with the vote of thanks by NSS Secretary S.Mothianandraj.



COMPUTER TRAINING

VENUE : Pothiyampalayam

DATE : 06.09. 2016

TIME : 10.00AM-1.00PM

“Education is the most powerful weapon ;
we can use to change the world”

is the keyword for every students to self-develop their life. Nowadays the necessity of usage of computer is very high, without a computer people cannot survive and cannot accomplish their target. Suddenly, an idea striked to us. Why don't we share our knowledge regarding computer to others. So we planned and arranged a **computer training** for school children at pothiyampalayam. We attained a full satisfaction as we also work in a noble profession for full day and that entire day was full-filled with memories and happiness of the children .That day was awesome and it gave immense pleasure for us to share our thoughts on that specific field(basics of computer) and also helps to lit the small fire on the hearts of children to step into their future with flying colours. And finally it takes a big heart to help shape little minds. About 63 student volunteers have participated in the training program.



ORTHO CAMP

DATE: 02.10.2016

VENUE: SEMMANISETTIPALAYAM

TIME: 9.00AM-4.00 PM

This camp provided a new experience for us because this camp is the medical camp done by 65 - NSS Volunteers. The idea initiated to help the poor people who work for daily wages and who are unable to take care of their health due to lack of proper medication and facilities. Arthritis affects 15% of India's population , of which women suffering from various forms accounting for nearly 80%.Lack of exercise and balanced diet and wrong postures in daily routine have aggravated the disease. However, the awareness about osteoarthritis is dismal. And even if people are aware most of them delay surgeries, as they are worried about post operation care and being a burden for their family members. It is our responsibility to help people who are in need. For this, we thought Ortho camp would be a better solution. We selected a village which lacked proper facilities. General announcement was made a day before and pamphlets were provided, so that it would provide time to make decisions. Professional doctors volunteered to help us.

The checkup was completely free and patients were given prescriptions and were advised what to eat and what not to. Then all the NSS students were divided into groups and again announcements were given to each villager. There was immediate response and most of the

villagers accepted our request. Almost 60 people were benefited by this Ortho camp. This camp provided entire satisfaction for us as well as the villagers.



NSS DAY CELEBRATION

VENUE : KCT CAMPUS

DATE : 25.09.2016

TIME : 4.00-6.30PM

We the NSS club of KCT celebrated the NSS day successfully. On the great occasion, NSS pledge was taken by the young bloods of NSS volunteers and many events were conducted to break the shells of the young volunteers. The events were tongue twister, and many fun events were conducted. The young blood of NSS volunteers were eagerly participated and they started to encourage the other NSS volunteers who felt very difficult to participate in the events. The young blood came to know more about the specialities of the NSS by our coordinator. His speech were very interesting and tells about the importance of volunteering and service to the needy people. It was a great day for us to celebrate the NSS day and came to an end with lots of funs and the session was completed with so informative.



DIABETES CAMP

VENUE: TELUNGUPALAYAM
DATE: 18.11.2016
TIME: 09.00AM-4.00PM

“It’s health that is real wealth and not pieces of gold and silver”.

Free Diabetes camp was organized by National Service Scheme of Kumaraguru College of Technology with the help of Thulasi pharmacy. The camp started and the patients started arriving by 9 am. The volunteers were sent to help the villagers to reach the campsite and some helped in registration and hospitality. It was a perfect team with co-ordination working solely for one purpose – to benefit the villagers to the maximum extent. The patients were checked for blood sugar level and blood pressure which were all free of cost.

The patients were asked to take care of health, medications and morality suggestions were given for the welfare of the same. The Camp successfully ended by 1pm and nearly 90 people were benefited through this camp and about 63 students participated in the camp.



DIGITAL INDIA - 1

VENUE: GANESHAPURAM

DATE: 29.01.2017

TIME: 09.00AM-4.00PM

Corruption is one of the biggest problems of our developing India. Corruption is the slow poison that has spread its roots throughout the country. At the present scenario cashless transaction is the only way to keep the condition of the country under control and corruption free. We, 50 nos. NSS volunteers created awareness on "DIGITAL INDIA" in and around Ganeshapuram. Pamphlets were distributed for the better understanding of the people. "GO CASHLESS" and "SAVE OUR COUNTRY FROM BLACK MONEY" is our motto to make our country as a developed one.



DIGITAL INDIA - 2

VENUE: Kurumbapalayam

DATE: 06.02.2017

TIME: 09.00AM-1.00PM

We the NSS volunteers decided to create awareness to the people in the rural areas about the cashless transaction "DIGITAL INDIA VERSION 2" in and around Saravanampatty, Kovilpalayam, Ganeshapuram, Kurumbapalayam and Annur to create awareness. We along with the LVB bank stressed the people about the importance of Bank account and informed them the difference between savings and current account. Bank accounts were also created on the spot with the help of LVB bank officials. We also informed them how to use smartphones and even basic mobiles to transfer money through Net banking. Many people thanked us for our efforts. We returned back to the college with complete satisfaction. About 50 students were involved in the event.



GREEN WALL

VENUE: NSS Room OF KCT

DATE:05.11.2016

TIME:09.00-11.00AM

The Green wall event was conducted on 5th November .We planted the plants in front of NSS room of KCT. Usually all will plant the saplings in the ground. We had a different thought of planting the saplings. We used the reusable plastics, instead of planting the saplings in the pot, we planted the saplings in the reusable plastic pot. This is an awareness to use REUSABLE PLASTICS. The plants which we planted were crotons type. They give colourful flowers . Their presence make the NSS room a green wall.



SUDAROLI

VENUE: KCT CAMPUS

DATE :03.10.2016

DATE :05.30-6.30PM

On behalf of NSS club, we done an event called "sudaroli" on the homage ceremony of our beloved Arutselvar Mahalingam Ayya. The great legend, Arutselvar Mahalingam Ayya was a social worker and also well-developed in all fields. He was such a person who sacrifice his life for doing social works and a lit a fire of happiness in huge families by providing what they need. And also he built many colleges and create new foundations to educate people and do many welfares to the students and remind as student friendly. So for such a great person ,we contribute our time to do an event called sudaroli to remind him and also the volunteers of NSS made an AYYA formation in front of KCT students and management members. It makes us little happy and always he lives with us in our minds and thoughts.



CODISSIA DIGITAL AWARENESS PROGRAM

VENUE: Codissia

DATE :16.11.2016

DATE :09.30-1.00PM

Corruption is one of the biggest problems of our developing India. Corruption is slow poison that has spread its roots throughout the country. In order to control Corruption our Prime Minister Narendra Damodardas Modi banned Rs.500 and 1000 rupee notes.

Though it is one of the boldest moves to eradicate the corruption it has made common people to suffer a lot. At the present scenario cashless transaction is the only way to keep the condition of the country under control. We the NSS volunteers once attended a session on the "DIGITAL INDIA "conducted by the Ministry of skill development and entrepreneurship headed by Rajiv pratap rudy. Inspired by the session we the NSS volunteers (50 nos) decided to create awareness to the people in the rural areas about the cashless transaction awareness.



ORPHANAGE DONATION - DIWALI

VENUE: Universal Peace Foundation

DATE: 26.10.2016

TIME: 10.00-1.00PM

In the world, the essential needs of human is air, water, clothes and shelter. So the NSS volunteers planned to donate the clothes for children who are in orphanage on the day before of Diwali. The orphanage, where we went was so nice and it was filled with lots of happiness. We enjoyed a lot with the children and by providing dresses and sweets, we shared our joy of giving with others. The moments we spent were so memorable and attained a little satisfaction and sweet memories forever with those children. About 25 NSS students were involved.



DESIGN FOR A CAUSE

VENUE: KCT Seminar Hall

DATE :10.02.2017

DATE :01.30-4.00PM

We the NSS volunteers be the part of the yugam oraganised an events called "DESIGN FOR A CAUSE". The events were so interesting which grab the participants from various colleges eagerly. The presentation is about the social issues and their solutions, innovative ideas of the participants were really appreciable. Those events were too amazing, and all of them eagerly participated and showed their talents. The sessions were commenced with informative, innovation and finally by valediction to the participants. The number of student volunteers involved were 30.



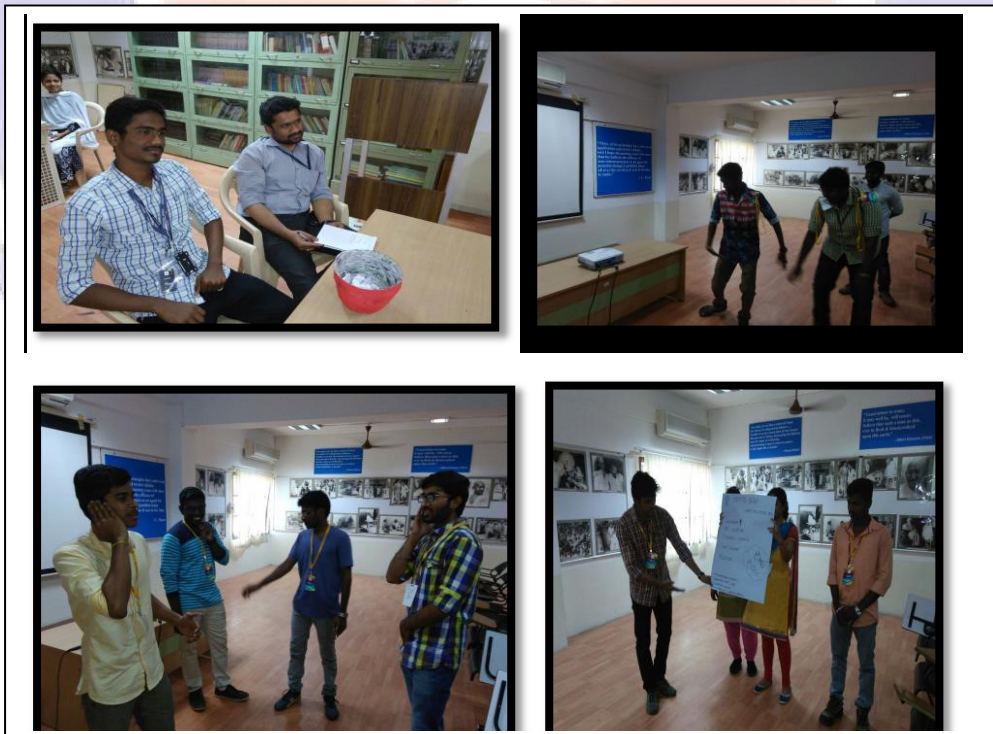
MAD ADS

VENUE: KCT Gandhian Study Center

DATE :11.02.2017

DATE :09.30-1.00PM

We the NSS volunteers be the part of the yugam oraganised an events called “MAD ADS”. The events were so interesting which grab the participants from various colleges eagerly. The presentation is about advertising event, innovative ideas of the participants were really appreciable. Those events were too amazing, and all of them eagerly participated and showed their talents. The sessions were commenced with informative, innovation and finally by valediction to the participants



SARADHA MAIYAM

VENUE: KCT GIRLS HOSTEL

DATE: 08.06.2016

TIMING: 12.00-2.00PM

We the NSS volunteers of KCT have the motto of serving others and also showing love to all by making them happy as much we can. So we made many disabled persons i.e, differently abled persons and old persons to come and visit our newly opened mess which is known as “Saradhamaiyam” and they were offered with the food. We brought with the aim of 2 reasons one is getting blessings from those persons which we thought would be the good start for the mess and also making these old persons happy by providing food and make their stomach as well as their heart to get fulfilled and we also achieved it by doing it. Thus through this arrangement of such an event we felt extremely satisfied and happy. We also felt proud because by arranging such an event we made more than 50 people to smile out of their heart. Thus their blessings make our campus to achieve more and more and reach the height of peaks. About 3 student volunteers were involved in the service.

SKIT ON INDEPENDENCE DAY

VENUE: KCT

DATE :15.08.2016

DATE :09.30-1.00PM

India, as a nation woke up to see its first spark of freedom at the dawn of 15th August, 1947. "Thousands laid down their lives so that our country is breathing" which shows the patriotism of the citizens of India. It was the day, when we have to remember the leaders who wholeheartedly sacrificed their lives by the way of actions and efforts to get freedom. On this grateful 70th independence day, on behalf of **National Service Scheme**, we had a stage play on the topic **"Impacts of social media among youngsters"**. Social media have become prominent parts of our life for many young people today. Most of the people engage with the social media. They don't think about the effects of media whether it has good or bad impact in their lives. Mostly we spend our time to chat with our friends. We have to use the social media in a beneficial and also in a limited way. This is the theme of our skit which we tried to convey to the people. This had a great impact and also created a great awareness among our college students. Finally, that day came to an end, by flag hoisting and it revealed to remember the numerous martyred souls and embarks upon every Indian, a feeling of pride to be born in a country like India.

COIMBATORE DUSK MARATHON

VENUE: KCT

DATE :05.08.2016

DATE :04.30-7.00PM

We the NSS volunteers helped in organizing the night marathon, venued at Kumaraguru College of Technology. The purpose of this marathon is not just for the winners, but for a cause that it could reach out to the differently abled people. The money collected for the marathon is used to educate them. Around 1000's of different age groups participated in this event. We also encouraged differently abled pupil.

There were three categories- 5, 10 and 21 kms. In order to make the girls also to participate a special track was arranged for about 3km inside the campus .We the NSS volunteers involved in motivating the students and faculties of our college to participate in the event .Registration desks were set up at the hotspots of KCT by the NSS volunteer for about a week inspite of their arduous schedule of the students . Before the beginning of marathon ,there was a warm up session to loosen the muscles and to tighten their mind ,participants were enthused with music and dance . That was a great kick start .T-shirts and route-map were issued. The volunteers helped in guiding the participants throughout the

marathon. Refreshment and first-aid kits were stationed at some intervals. Winners from various categories were honored with trophy and the participants who successfully completed were awarded with medals. The event was a great success and the sum of money was donated for the desired cause. The event ended up with music and dance. More than 300 student volunteers participated.



NAAC SKIT

VENUE: KCT SEMINAR HALL.

DATE: 03.11.2016

TIME : 4:30PM-7.00PM

The National Assessment and Accreditation Council (NAAC) organization members visited our college for assessments and accredits institutions of higher education in India. Behalf of the KCT clubs, we the NSS volunteers performed a skit regarding “**MAHABHARATA**”. In this epic story, we took part and performed a skit to entertain NAAC team. The performance was started from the kauravas who insulted the pandavas and tried to disrobe Draupadi in front of the entire court, but her honour was saved by Krishna who miraculously creates lengths of cloth to replace the ones being removed and ended with the battle at kurukshetra. It was an awesome experience for us to perform the skit.



KABALI WITH RADIO MIRCHI FOR VISUALLY CHALLENGED

VENUE : Sathiyam cinemas

TIMING : 10.00-2.00PM

DATE : 03.09.2016

On September 3rd, radio mirchi organized an event to screen KABALI (descriptive) movie to the visually challenged people. The ultimate aim of this event is that all should enjoy cinema irrespective of the one's own natural defects. People from radio mirchi sought the help of volunteers of NSS from various zones to accomplish this. About 200 NSS volunteers of KCT has immediately agreed. This show unlike the other routine shows, was accomplished by the audio descriptions, so that the visually challenged could experience the movie better. The preparation for the movie screening started two days before. The description for the scenes was done by RJ Senthil. A meeting was held at RADIO MIRCHI STATION on September 2nd evening wherein our NSS volunteers made their presence. The instructions to be followed in the event was given. The black colour was the dress code chosen. The next morning we arrived the radio mirchi station by 5:00 a.m. early in the morning. The instructions were given in common and batches were splited Each batches were identified by the colored tags provided. Three buses were also provided with colour codes in order to avoid confusion. The bus no.1 with green

code took people gathered in National Federation of Blind, Singanallur to the spot. The buses 2&3 also collected visually challenged people from various parts of the city. Each member in the batch were given a 4 visually impaired people to take care. Soon after reaching the spot, the batch member took the people to their respective seat. The movie was screened by 10:00 a.m. between the dialogues in the movie, there was a parallel narrative explaining what was going on in every scene. A special timing of ½ hr was allotted for interval. During interval, the visually impaired people were carefully taken to restrooms and brought back to their place. Soon after the interval, again the movie was made in the screen. Finally, the show got ended by 12:30 p.m. Packed lunch was also arranged for all the people. Then, the visually people were dropped in their respective places from where they were picked in.



NAAC MOCK SKIT

VENUE: KCT SEMINAR HALL.

DATE: 16.07.2016

TIME : 4:30PM-6.00PM

The National Assessment and Accreditation Council (NAAC) organization members visited our college for mock assesses and accredits institutions of higher education in India. Behalf of the KCT clubs, we the NSS volunteers performed a skit regarding "**CHENNAI FLOOD**". The theme behind this is, we the people who are the reasons for the ill effects of nature. To make awareness about not to throw the waste and plastics at road sides which will block the drainage facilities. Additionally, awareness were created not to build the houses on rivers. The NAAC people were inspired by the skit and bribery was also the part of the skit where the NAAC people were astonished because of the multiple current issues were brought in the 7mins skit.

SOCIAL CAMPAIGN

VENUE:NSR ROAD

DATE:25.12.16

TIME:10.00AM-1.00PM

The technofest of our college is going to be held on Feb. Every year ,there is a theme like social campaign. This year it is women empowerment. It was launched in NSR road. We about 150 NSS volunteers ,went to the launch to encourage the women who came there. Women from orphanage were came there to participate in the launch. And the people who were there also get involved in the launch. we played and enjoyed there.



EYE CAMP

VENUE : Thottipalayam.

DATE : 05.03.2017

TIME : 10.00AM-2.00PM

We the NSS volunteers organised an eye camp in Thottipalayam. The volunteers split into groups and went to every nook and corner of the village. Our volunteers cordially invited all the villagers to check if they had any problem in eyesight and the villagers responded positively. Most of the villagers attended the eye camp. Although most of the villagers attended the camp and checked their eyes our duty was yet not completed, it was our part to clear the doubts and made them to be satisfied. The camp was successfully ended with complete satisfaction and joyness. 80 Students participated.



KOVAI VIZHA'17

VENUE : KCT.

DATE : 28.01.2017

TIME : 10.00AM-2.00PM

Kovai vizha was one of the great event conducted in KCT. KCT stood as the main host for conducting sports events for school children. Children from various schools Participated in the events. We the NSS volunteers volunteered the sports events hosted by KCT for kovai vizha'17. Many track events were held and children participated with full enthusiasm. Prizes were given to the children who won the track events. The entire day was filled with children's happiness and we were heart touched volunteering this event. in About 80 students were

REPUBLIC DAY

Venue: KCT campus

Date: 26.01.2017

Time: 04.30-6.30PM

We the NSS volunteers celebrated the Republic day. On these great occasion, many fun events and debate on current issues were conducted to break the shells of the young volunteers. The young volunteer's innovative ideas were really appreciable and it made others to think. The volunteers had new experience an enjoyed the event.



NOTEBOOK DISTRIBUTION

Venue: Thotiyapur

Date: 31.03.2017

Time: 09.30-1.00PM

We the NSS volunteers had started to think to reuse the one sided paper. So, we started collecting the one side paper for the past 6 months from our college campus. To reuse the paper the in effective way, we planned to bind the one side paper and give it to the government school children of thotiyapur. The school children felt very happy and it help to motivate not to waste the paper. They took a oath of not to waste the paper. The young volunteers also teached them to save the trees where paper is made from the trees. From that the children understand the real importance of the paper. The teacher of thotiyapur were greatly inspired by the speech of our young volunteers and they appreciated them. The little time we spent there made us very happy and we return back to college with full satisfaction. Total number of students participated in the distribution is 130.



NSS 7 DAYS SPECIAL CAMP

DAY- 1

[15.12.2016]

Census and Inaguration:

9.00 a.m : Census

4.00p.m : Inauguration.

Headed : Dr.R.S.Kumar, Principal-KCT

Special guest: Mr.N.Ramakrishnan, Thotiyapur

Mr.Aarusamy, Thotiyapur

Chief guest : Mrs.Neelavathi, Thotiyapur

Special speech: Mr.K.Naveen Kumar, Staff-coordinator of NSS

Census:

We the NSS volunteers of kumaraguru college of technology, Coimbatore numbering about 80 students fanned out to Thotiyapur village and the nearby villages and adopted those villages for 7 days to help them and give awareness about medicines, education etc....

And we designed the ID card for the event organizers and volunteers and distributed among us. The ID card was comprising of the club logo and the place where we conducting the camp.

On the very first day we conducted a census programme in and around Thotiyapur village. We splitted into several groups and the groups were spread into different areas around the village and nearby villages and spoke with the people.

In the census programme NSS volunteers went to each house in the village and took the census of the number of persons in home, their education details, health status of each person, and the number of pet animals and the availability of toilets in their home.

We the volunteers spoke to the people and gave awareness to the people about the necessity of the camp. Their requirements were also captured as a survey.

While collecting the information for the census we the volunteers interacted with the village people and gave some awareness about medicines and told them about the further camps which we were going to conduct in upcoming days.

Village people also interacted with us in a good manner and gave a response about their health problems etc...so that it was little easy to us to convey our message about further camps.

Hereby we completed taking census in Thotiyapur and nearby villages by 1.00 pm.

Inauguration:

In the evening the inauguration of the camp took place. Village president, School headmistress were invited for the inauguration. Principal R.S.Kumar was invited as the chief guest .We also invited some other important persons who helped us in a lot of ways for our basic needs .They allotted a room for our stay and also for our cooking.

Our staff coordinators also participated in an inauguration function. The function started with the prayer song and School Headmistress and the Village president presented the welcome address. Then our staff coordinators thanked them for helping us in a lot of ways.

At last momentos were given by our staff coordinators to the chief guests as a thanks giving who supported us to stay in the village and to provide our service.





DAY 2

[16.12.2016]

Ortho and Dental:

- Venue** :Government primary school, Thotiyapur,
Pillayapanpalayam Panchayat.
- Time** :08.00 AM-02.00 PM.
- Hospital** :Kovai Bones and Joints and Vasan Dental Care.
- No of Beneficiaries:** 90

We the NSS members of KCT planned to conduct Ortho and Dental camp on the second day. Wide publicity was given in the village a day in advance by NSS volunteers, so as to help maximum number of villagers who suffer from Ortho and Dental problems. We conducted this camp with the help of Kovai Bones and Joints hospital and Vasan Dental Care. People were more benefited by this camp. About 80 volunteers were involved.

The camp started at morning 9 a.m. At 9.30 a.m. the volunteers were split into batches and allotted specific area for each batch. The volunteers went to each house and gave awareness to the people. The village people trusted us and came for the check up . At 1.00 p.m. almost the checkup was over. Nearly 90 villagers with Bone and dental problems were benefited by this camp. Villagers gave us very good feedback about the camp. We had a lot of fun on that day. That was a memorable day and a different event.

Tree plantation and school campus cleaning:

Venue :Government primary school, Thotiyapur,
Pillayapanpalayam Panchayat.

Time :05.00 PM-06.00 PM.

After the great morning session, we the NSS volunteers decided to donate something to the villagers which would be a useful and attractive thing in their homes. So we donated each and every villager's home in Thotiyapur with flowering plants namely and planted them too in their houses. Also we - 80 NSS volunteers cleaned the entire school campus and planted trees inside the campus. We also stressed the importance of trees to the school children and advised them to water the plants daily. The villagers supported us very much. Despite the heavy works we ended the day with complete satisfaction.





DAY 3

[17.12.2016]

General body check-up camp:

Venue :Government primary school, Thotyanur,
Pillayapanpalayam Panchayat.

Time :08.00 AM-02.00 PM.

Hospital :Siva hospital

No. of Beneficiaries :102

No. of students participated: 80

Human beings are the gifted creatures by god. We the human beings are gifted with six senses which makes us superior to all the other creatures. But because of present lifestyle most of the Human beings are affected with some sort of body problems. So in order to find a solution to this we the NSS volunteers decided to conduct a general body checkup camp. The event started by 9.00 am. Doctors were called from "Siva Hospital" one of the reputed hospitals in Coimbatore. We the NSS volunteers divided into groups and gave awareness to villagers about the importance of the camp. Taking our awareness into consideration nearly 102 patients came for the checkup and were satisfied with the service. Doctors treated the villagers with patience and also gave them Medicines too. The villagers gave us very good feedback about the camp. The camp ended by 2.00 pm.

Culturals:

Venue ★ :Government primary school, Thotiyapur, Pillayapanpalayam Panchayat. ★

Time :05.00 PM-07.00 PM.

Events performed:

- *skid
- *mime
- *dance
- *singing

No of students performed: 40

In the evening session, we had culturals among our students. For this occasion, we invited the peoples of Thothiyanur. On accepting our invite, many of the villagers participated in the cultural and enjoyed the occasion wonderfully. By this programme, we came to know the talents of our students.



DAY 4

[18.12.2016]

Eye-camp:

Venue	:Government primary school, Thotyanur, Pillayapanpalayam Panchayat.
Time	:08.00 AM-02.00 PM.
Hospital	:Aravindh hospital
In patients	:22
Out patients	:160
No. of students	: 80

No of Beneficiaries :182

Eyes is one of the important part of every Human beings. Without eye, it's very difficult to survive in this world. Mostly when we get aged our eye will start to diminish. Most of the people think that we need more cost to get cure from this problem. So in order to help those who feel like this we organized an eye camp at Thotiyapur with the help of Aravindh eye hospital which is one of the best hospital for eye operation.

We said to the village people that the doctors were from Aravindh eye hospital which is a reputed institute for eye check-up. So anyone who has problem in eye can get treatment free of cost. If the spectacles were to be worn then spectacles will be provided with the low cost.

We were really surprised that we had made Out-Patients and 20 In-Patients. And the food arrangements were made to all the 20 In-Patients.

We were so happy that we were going to give vision for 20 patients which made us to be proud. And then they were taken care by the hospital team to the hospital for check-up.

Finally we finished all our work around 4pm. Then we had our lunch by 4.30pm with full of satisfaction.

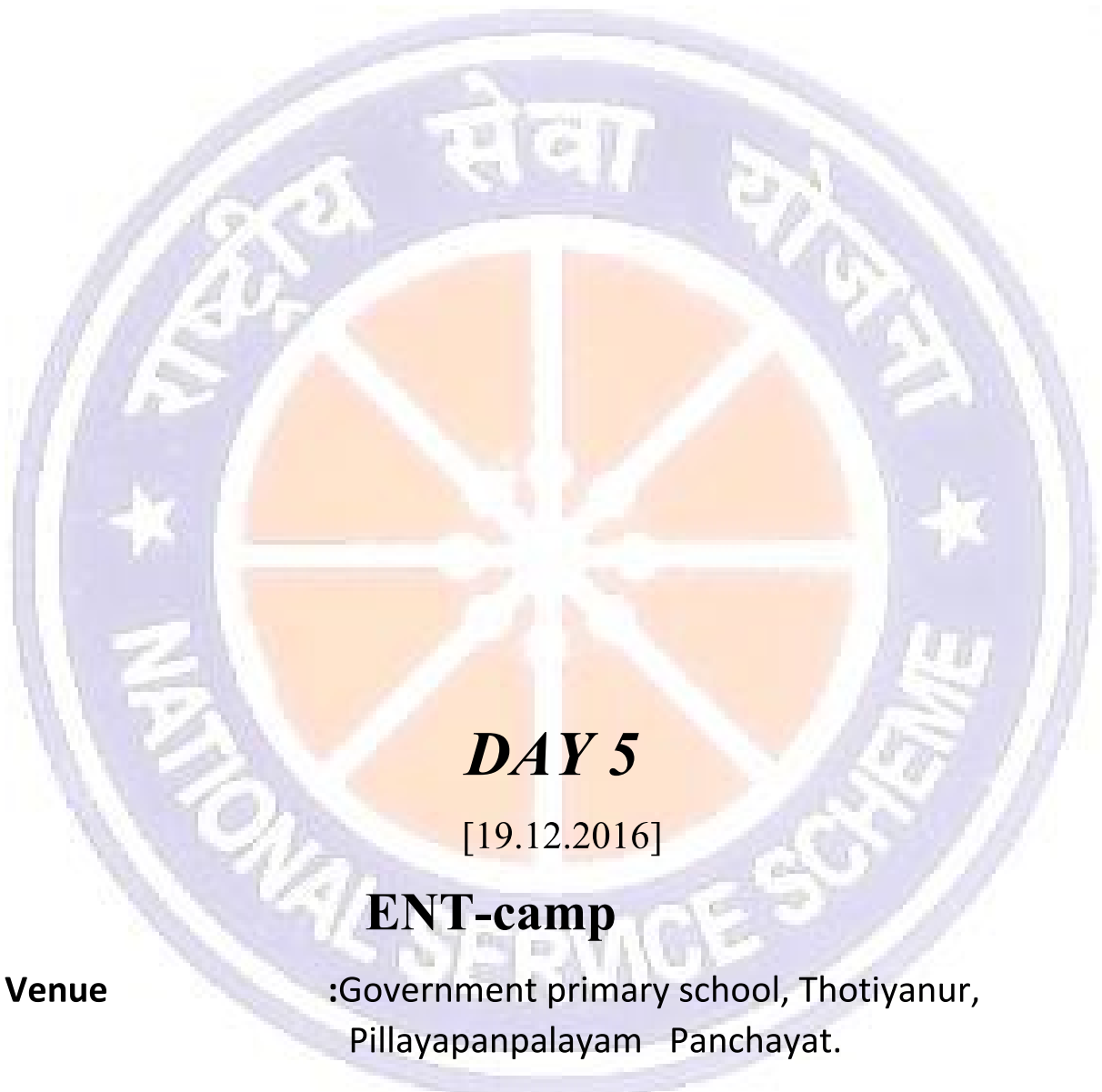
Interaction with Seniors:

Venue :Government primary school,
Thotiyapur, Pillayapanpalayam
Panchayat.

Time :05.00 PM-07.00 PM.

In the evening session, we had an interaction session with our passed out seniors. They shared their experience about their NSS camps and the usage of it. It was too inspirational and fun too. So much of incidents which they told, turned us too emotional and service minded and some what too funny. They

gave us good guidance about the career too. The session was completed with awesome speech of our beloved seniors and enjoyed a session very much.



DAY 5

[19.12.2016]

ENT-camp

Venue :Government primary school, Thotiyapur,
Pillayapanpalayam Panchayat.

Time :08.00 AM-02.00 PM.

Hospital :Kovai ENT hospital

No of Beneficiaries :110 **No of Students participated:** 80

We the NSS volunteers conducted an ENT camp which benefited a lot of people in and around Thotiyapur. This

camp especially helped many children of the village and we had around 150 patients in the camp. The major part for the success of our camp is the cooperation between the volunteers and the people of the village. The village people trusted the KCT 'ians whole heartedly and we too have the satisfaction that we satisfied their expectations beyond our level. We thank the KOVAI HOSPITAL for their cooperation in the camp which is the backbone of our success.

Dengue awareness:

Venue :Thotiyapur village

Time :05.00 PM-07.00 PM.

Immediately, after the successful completion of ENT camp, our next step was to create awareness about one of the most feared diseases in India, Dengue. This is the disease which took the lives of many innocents, so there was the widespread fear and yet limited knowledge about dengue. So it was completely necessary to spread awareness about dengue and give them complete solution. There was yet another problem, the awareness cannot be spread among the masses by crowding them under one roof. So, our volunteers were split and were in charge of educating the people of Thotiyapur, pillayapur, Pachapur.

The main course of this event were,

- to teach the villagers, the source of dengue
- the effects of stagnant water on mosquito breeding
- the need for drinking boiled and clean water
- and distribution of '**nilavembu powder**'

Most people said that they weren't aware of Nilavembu powder and its properties (which were explained to them) and that our program was a very useful one. Each house was given 2-3 packets of Nilavembu powder. About 80 students participated in the event.



DAY 6

[20.12.2016]

Trekking:

Venue :Palamalai hills

Time :08.00 AM-05.00 PM.

No of Students :80

We the NSS volunteers went for trekking to Palamalai hills near Karamadai. It was an exotic trip and was filled with excitement and energetic experience. We walked in the middle of the forest like rock climbing. We were warned by the people near

the hill that there were chances for the arrival of elephants. It was an amazing experience. We worshipped the Lord Ranganathar there. From the top of hill, we could view the konoor. Such trips helped us to explore, dream and discover ourselves.

Interaction with Joint Correspondent:

Venue :Government primary school,
Thotiyapur, Pillayapanpalayam
Panchayat.

Time :06.00 PM-07.00 PM.

In the evening session, we had an interaction session with our ever-smiling and inspirational person i.e our joint correspondent Mr.Shankar Vanavarayar.He came and visit our camps and had an small interaction session with our volunteers.He encouraged us by his speech.It was about the benefits of the village and he raised the questions to our volunteers why you come for NSS,what are all the things you gained from this etc.And also he advised us to do not only the medical camps but also do the activities according to satisfy the necessities of the village people.The session was so informative and too serious also, but we all enjoyed and gained knowledge.





DAY 7

[21.12.2016]

School wall painting:

Venue :Government primary school,
Thotiyapur, Pillayapanpalayam
Panchayat.

Time :10.00 AM-12.00 PM.

No. of Students : 80

We all know that a school is a temple of learning, and this school is the education centre for the almost each and every child of the village, Thotiyapur. But what disheartened us, was the

wrecked doors, worn out paint on the walls which was a poor environment for learning. We the NSS volunteers decided and cleaned the campus and painted it again as our level best to be a part of encouraging the education. Our NSS volunteers painted the campus walls and we felt that this was the least that we could do for the school.

Sports Fest:

Venue	:Government primary school, Thotiyapur, Pillayapanpalayam Panchayat.
Time	:10.00 AM-2.00 PM.
No of Kids participated	:150(from 5 sections)
No of Students participated	: 80
Games Conducted	:*Running - 1st standard. *Bucket and Ball-2nd standard *Water filling in Bottle & ballon blast -3rd standard *Stone Gathering &Lemon an spoon- -4th standard *Hurdles running-5th standard

On the last day of the seven days special camp, we had a sports meet for the school children of Thotiyapur,pillayanpalayam. Nearly 60 children participated in the events conducted. We could see great enthusiasm among the children. By noon all events came to an end.

Valediction:

Venue :Government primary school,
Thotiyapur, Pillayapanpalayam
Panchayat.

Time :04.00 PM-6.00 PM

The final day our special camp got ended up with a valediction both for the sports meet and for the camp. Prizes were distributed for the children who have won and participation prizes were also given for all children. The kids rejoice knew no bounds. Our college Principal along with our NSS coordinators and the village President gave their presence during the valediction ceremony. The kids rejoice knew no bounds. That day was one of the memorable one for us forever.





NATIONAL SERVICE SCHEME (NSS)

Academic Year - 2017 -2018

1.NITHILYAM CAMPS:

Place: -CMS School-Coimbatore

No. of NSS volunteers participated: 60 nos.

Date: -20/08/2017

“There is no greater disability in society than the inability to see a person as more” – Robert M Hensel.

Portraying the above quotes, to make the disabled people understand that they are differently abled and can achieve many things in their life the NSS of KCT joined hands with Nithiliyam Rehabilitation Center to conduct medical camp for special children and help out the differently abled children to claim their insurance amount sanctioned by the Government. Many children got benefited by that amount to lead their life in a healthy and happy way.



2.ORTHO CAMP:

Place: -Kuppepalayam,Coimbatore

No. of NSS volunteers participated: 60 nos.

Date:25/09/2017

"Service to mankind is service to God."

The NSS of KCT joined hands with the COIMBATORE BONES AND JOINTS HOSPITAL and conducted an ortho camp at Kuppepalayam village. The volunteers engaged themselves eagerly in creating awareness about the camp around the village.. About 100 villagers were benefited through this program. The event was supported by Thulasi Pharmacy, Coimbatore.



3.AWARENESS RALLY:

Place: -Saravanpatty -Coimbatore No. of NSS volunteers participated: 75 nos.

Date: -06/09/2017

"Eyes are the windows to the soul."

The first step towards a change is awareness. In this regard the NSS of KCT joined hand with the SANKARA EYE HOSPITAL and went on a rally for Saravanampatti to Gandhipuram. The rally received the attention of many people and created an impact to keep the windows of the soul-EYES in healthy way.



4-LAKE CLEANING:

Place: - Kurichi Lake-Coimbatore No. of NSS volunteers participated: 65 nos.

Date: -07/10/2017

The NSS of KCT joined hands with Esha Yoga Centre, Coimbatore for Kurichi Lake cleaning at Ukkadam, Coimbatore. The volunteers cleaned up the plastic and polythene bags that were non-biodegradable which causes harm to the society.



5-EYE CAMP:

Contribution towards people without basic need is a good quality that makes them overcome the difficulties in their health. The NSS club of KCT joined hands with LOTUS EYE HOSPITAL conducted an EYE CAMP at Ellappalyam for the people suffering with eye related issues and problems. More than 100 people got benefited out of the camp.

Place: - Ellappalyam -Coimbatore

No. of NSS volunteers participated: 65 nos.

Date: -13/11/2017



6-ARISE:

Place: - Nachippalayam -Coimbatore No. of NSS volunteers participated: 60 nos.

Date: -25/01/2018

"You have to grow from the inside out. None can teach you; none can make you spiritual. There is no other teacher but your own soul."-SWAMI VIVEKANANDA

On the eve of Swami Vivekananda's birthday, NSS of KCT attended an event - "ARISE" organized by the NGOs in Coimbatore. All the volunteers got motivated by the special address on youth development. The necessity of being the good citizen for the development of the society was well understood by the Volunteers and an awareness on Human rights and constitutional laws also given to the volunteers



7-NINAIVUGAL:

Place: - Thottiyannur -Coimbatore No. of NSS volunteers participated: 45 nos.

Date: -29/10/2017

"There are memories that time does not erase. "

The NSS Volunteers of KCT Remembered the memories of the Last Year Seven Day camp at Thottiyannur by visiting the village. Volunteers distributed the unused papers rough notes, water bottles and tiffin boxes to the village children..



8-VISIT TO OLD AGE HOME:

Place: - Athipalayam Pirivu -Coimbatore No. of NSS volunteers participated: 60 nos.

Date: -11/01/2018

The concept of an old age home is new to India. An old age home is usually the place, a home for Elderly people who have no one to look after them. The KCT-NSS club Volunteers went there for a day visit and engaged them with some lively activities as well.



9-DRAWING MARATHON COMPETITION ASSIST WORK AT PROZONE MALL

Place: Prozone mall -Coimbatore

No. of NSS volunteers participated: 100 nos.

Date: -26/01/2018

The NSS club of KCT on the evening of REPUBLIC DAY assisted for the smooth conducting of a drawing marathon for school children from pre-kg till 12th grade. It was a part of the GUINNESS WORLD BOOK OF RECORDS for the longest running drawing marathon conducted for school children. Nearly 3000 school students in and around Coimbatore participated in this event.



10-I LOVE COVAI” EVENT :

Place: Government Hospital -Coimbatore

No. of NSS volunteers participated: 100 nos.

Date: -14/02/2018

The NSS club of KCT took part in an event called “I LOVE COVAI” and cleaned the Government hospital of Coimbatore and planted saplings to promote the importance of a greener and cleaner environment. Volunteers also offered bedsheets to the patients of the hospital and placed Dustbins in the hospital premises.



11-MEMESTERS.INC

The NSS club of KCT organized an event called “MEMESTERS.INC”, which focused on creating memes which had a touch of humor and social message to it. Participants from various colleges participated with great enthusiasm and created memes on socially awakening. No. of NSS volunteers participated: 60 nos.



7 DAYS SPECIAL CAMP (27.12.2017-02.01.2018) No. of NSS volunteers attended:60

The first day, we took a survey of the villages for the number of family members, history any medical illness, occupation and details of cattle. The survey was conducted successfully and the same evening our honorable principle D.J.Senthil inaugurated the event. The next day ortho and bones camp was conducted for the people suffering from bone and joint problem and also arthritis, doctors and their helping staff came from BRJ hospital, the camp went on successfully with a count of 130 patients, and evening saplings were planted in and around the premises of the villages and this event was very much appreciated by the villagers and they promised us that they would take care of the saplings and would water it daily.

The third day, we conducted the ENT and dental camp where doctors from Kovai ENT hospital and for dental the doctors were from Ramakrishna dental hospital and the count of the patients was around 100. The villagers were greatly benefitted by this camp. Evening, we distributed seeds of various varieties like tomato, bottle gourd, snake gourd, cow pea and beans. The villagers were very excited by the varieties of these seeds as they told that they would not have to go to the market to buy these vegetables.

The fourth day, we conducted the veterinary camp where we went to each household where they had cattle and other domestic animals which we headed towards our camp site where the veterinary doctor was waiting to immunize and see to the wounds and infections of those animals. The count of the animals for the camp were around 141 goats, 30 cows, 7 hens, 2 dogs and 2 cats. Evening, we conducted a cultural programme to showcase our talents and also to entertain the villagers.

The fifth day, was the most important and auspicious day of our whole seven days camp. Eye camp was conducted in association with Sankara eye hospital who vowed to perform free cataract surgery, and other basic eye check-up also spectacles were provided for a concession price at Sankara vision centre based in Annur. The camp concluded with around 22 cataract patients who were taken to the hospital where the surgery was performed and the patients were taken care of for 3 days. This was the major success of the whole camp. Evening we had an interaction session with our passed out seniors which was nostalgic and fruitful.

Sixth day, was an exciting and refreshing trek to the Palamalai hills, we as a team ascended the hills with great gusto and energy and reached the destination. Later, we evoked the blessings of lord Ranganathar and had a great lunch there itself in the temple. Evening, we celebrated New Year along with Shri. Shankar Vanavarayar who enlightened us with his speech and thought provoking words.

Seventh and final day, our juniors conducted a sports meet for the students of the government schools of the villages. The winners of the sports meet were appreciated and congratulated for their victories, simultaneously we whitewashed the premises of the temple which was in Achampalayam.

Evening, we conducted a valediction ceremony where we felicitated all important people who played a vital and important role in the success of the seven days special camp. This camp was a great learning and a session where we could exhibit all our self-skills and polish our emotions and our modesty.





KUMARAGURU COLLEGE OF TECHNOLOGY
(An Autonomous Institution affiliated to Anna University, Coimbatore)
COIMBATORE-641049

NATIONAL SERVICE SCHEME

SPECIAL CAMP (7 days), 26.12.2018 to 01.01.2019- REPORT

Number of student volunteers participated: 80

A SURVEY AND INAGURATION:

Location: Ellapalayam

Date: 26 December 2018

Survey helped us to understand the varied problem in the village. The very first day of this special camp ended with inauguration.



(Taking survey in village)

ORTHO CAMP:

Location: Ellapalayam

Date: 27 December 2018

Doctors from BRJ hospital were invited to give free consultation for orthopedic and related problems like neck and back pain, osteoarthritis, rheumatoid arthritis and fracture.



(Teaching some exercise to relieve from pain)

ENT AND BMI CAMP:

Location: Ellapalayam

Date: 28 December 2018

Doctors from Kovai ENT hospital gave solution for the persons who had hearing loss, speech disorder and inhalant allergies.



(Doctor examining the problem)

VETERINARY CAMP:

Location: Ellapalayam

Date: 29 December 2018

Government Veterinary hospital partnered with NSS of KCT to spread awareness among cattle owners about the best practices of cattle rearing.



(Providing proper medicine for cattle)

EYE CAMP:

Location: Ellapalayam

Date: 30 December 2018

By this camp we served the community by treating eye related problems and carried out free cataract surgeries for marginalized people. Hospital partner: Sankara Eye Hospital.



(Doctor checking patient)

TREK AND TALK WITH TRIBAL:

Location: Othimalai

Date: 31 December 2018

The best knowledge about our surroundings can be gained only through the people living along with nature.

TALENT HUNT AND PROJECT IMPLEMENTATION:

Location: Ellapalayam

Date: 1 January 2019

Competitions were conducted for school students and prizes were distributed to all winners. A automated street light was successfully implemented in Ellapalayam.



(Distributing prizes for winners)

Women empowerment program:

A special session was arranged especially for women, where they learned hand made stuffs like making sanitary napkins, masala powder, pickles, etc.

CONFERENCE

2019 - 2020

Annual Compilation of NSS_RRC_VBC



KUMARAGURU
college of technology
character is life



KUMARAGURU COLLEGE OF TECHNOLOGY
COIMBATORE-641049



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KUMARAGURU COLLEGE OF TECHNOLOGY
COIMBATORE-641049

NATIONAL SERVICE SCHEME

"NOT ME BUT YOU"

To make young students inspire in service of people by aiming Education through Community Service and Community Service through Education.

RED RIBBON CLUB

"PREVENTION IS BETTER THAN CURE"

To spread awareness among the youth community about HIV/AIDS and other dreadful diseases . To emphasize about the preventive measures to be taken and impart knowledge .

VOLUNTARY BLOOD DONORS CLUB

"EVERY BLOOD DONOR IS A LIFE SAVER"

To donate blood through the volunteer who come forward to save a life in contact of emergency. To aware people about the importance of blood donation.

SPARK - ORIENTATION



The 31st Installation of NSS_RRC_VBC , "SPARK - Enlight the joy of serving " is organized to introduce the office bearers of the year 2019- 2020 . Mr. Chandrasekar from Siruthuli and Mr.Jyothiramalingam from Firebird Institute of Leadership are Guests of honour . They gave a brief on importance of social service and emphasized the participation youths in social activities .



Number of participants - 80



07-08-2019 , Wednesday

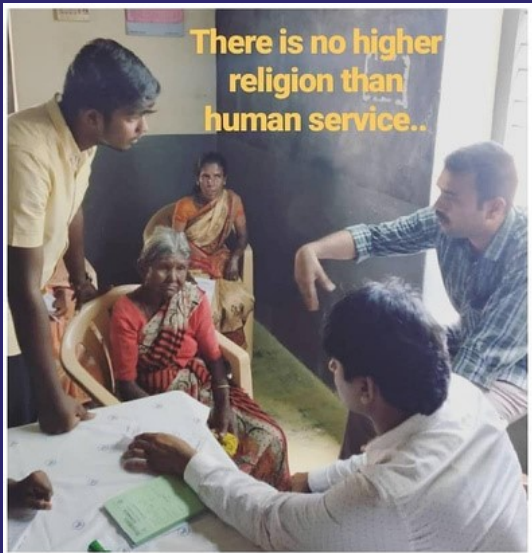


Vivekanandha Seminar Hall , KCT



KUMARAGURU COLLEGE OF TECHNOLOGY
COIMBATORE-641049

ORTHO CAMP



The free one day ortho camp was held at Thekkampatti Government Middle School in association with Ganga Hospital to provide free check - up for orthopedic issues to the residents of the village . Over 90 people have been benefitted through this camp . It was a great experience for the volunteers to interact with the people in their village .



Number of student participants - 85

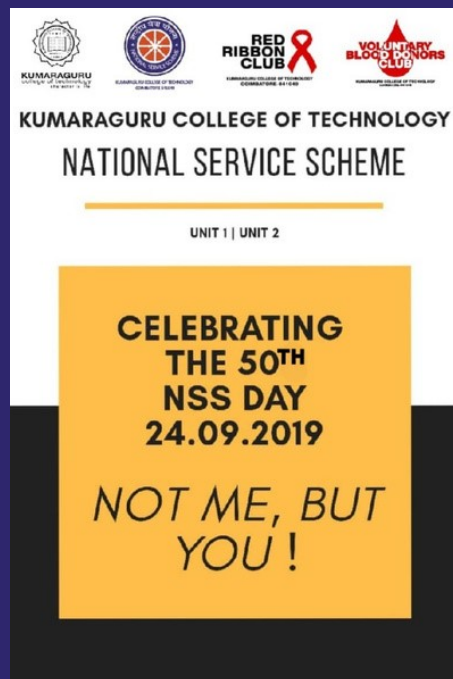


22-09-2019 , Sunday



Thekkampatti

NSS DAY CELEBERATION



On 24th September 2019, We celebrated our 50th NSS day of Kumaraguru National Service Scheme. On this auspicious day we gathered at one place and had a short talk with our supporting pillars our seniors and NSS staff coordinators . Our college CSO celebrated with us cutting cake and group photos. We take up the pledge to continue our service whenever its needed.

EYE CAMP



The free one day eye camp was held at Achampalayam Government Elementary School in association with Sankara Eye Hospital to provide free eye check - up and free cataract operation to the residents of the village . Over 70 people have been benefitted through this camp and 6 people were provided free cataract operation . It was a great experience for the volunteers to interact with the people in their village .



Number of student participants - 60



10-11-2019 , Sunday



Achampalayam

7 DAYS SPECIAL CAMP



06-01-2020 TO 12-01-2020



- 1.Vadakkalur**
- 2.Kariyakanur**
- 3.Thoppampattiyanur**
- 4.Edayarpalayam**
- 5.Pattakaranpudur**



DAY 1:

EXPLORING THE VILLAGE-SURVEY:

The volunteers were splitted into teams and survey was taken from the village people about their habitat and their needs.



INAUGURATION:

The 7 days special camp was inaugurated in the village by the respected principal of Kumaraguru College of Technology and the head of the village to do community service to the people. The notebooks made from used workbooks were distributed to the children.

Number of notebooks distributed : 150



DAY 2:

ORTHO CAMP:

The NSS_RRC_VBC of Kumaraguru College of Technology in association with Ganga Hospital conducted the ortho camp for the residents in and around Vadakkalur to seek relief from orthopaedic issues. Number of students participated: 84

Number of people impacted: 119



SCHEME BOOK DISTRIBUTION:

A booklet containing the information about the schemes and scholarships provided by the Government for the students and people of different sectors, mentioned the eligibility criteria and the procedures to apply them, was given to residents of Vadakkalur explaining them by the NSS Volunteers. Number of volunteers involved: 84



DAY 3:

VETERINARY CAMP:

The NSS_RRC_VBC of Kumaraguru College of Technology in association with Allapalayam Government Veterinary Hospital conducted the veterinary camp for the cattle at Edayarpalayam, Thoppampattianur and Pattakaranpudur providing vaccination, free pesticides and other veterinary treatment for the cattle. Number of volunteers: 84

Number of cattle benefitted: 250



CULTURAL COGNIZANCE:

The NSS_RRC_VBC volunteers being sportive and socialistic exhibited their talents by creating awareness about several social issues. Their performances were superb and thought-provoking.



DAY 4:

GYNAECOLOGY CAMP:

The NSS_RRC_VBC of Kumaraguru College of Technology in association with Motherhood Hospital conducted the Gynaecology Camp for the women in and around Vadakkalur insisting the importance of Women's health, making them aware about breast cancer, PCOS, menstrual hygiene, pregnancy care and the mandatory tests to be taken at the age of 40. A booklet containing the queries that a woman can have about her adolescence with answers and tips was distributed to the village women. Number of volunteers participated: 84

Number of people impacted: 52



BLOOM – COMPUTER CLASS FOR CHILDREN:

The Volunteers of NSS_RRC_VBC of Kumaraguru College of Technology taught the basics of Computer Science and introduction to various hardware components. The children enthusiastically listened the session which motivated them to understand computer further. Number of volunteers participated: 84

Number of children impacted: 50



ORGANIC FARM VISIT:

The volunteers were taken for a walk to visit the agriculture farms in the village. The agriculturist, Mr. Gunasekaran, a resident of Vadakkalur enlightened us about the various irrigation methods and organic cultivation.



DAY 5:

ODHIMALAI VISIT:

The volunteers went to Odhimalai near Vadakkalur where we cleaned the area while reaching up to the hill temple . It was a great experience interacting with the people over there getting to know about the history of the temple. Several team-bonding activities and brain dumping activities were conducted . Number of volunteers participated: 84



DAY 6:

EYE CAMP:

The NSS_RRC_VBC of Kumaraguru College of Technology in association with Sankara Hospital conducted one day free eye camp for the residents in and around Vadakkalur providing free eye check-up. Number of volunteers: 84

Number of people impacted: 142

Number of patients offered free cataract operation: 17



STREET LIGHT AUTOMATION:

The real – time street light automation system was implemented at two junctions of Street light at Vadakkalur which will automatically turn off at 6 am in the morning and automatically turn on at 6 pm in the evening. Number of volunteers participated: 84



DAY 7:

TALENT HUNT:

The last day of the 7 days camp was organized by the junior volunteers organizing various games for the children and gave away the prizes motivating them. The children of Vadakkalur actively participated in all the games exhibiting their potential. Number of volunteers:80

Number of children participated: 40



SELF- EMPLOYMENT SESSION:

Mr. Madhu Malaran from Dindigul handled a two-day self-employability session on how to make pen-stand, box and utensils from coconut shells invoking an idea for making products by recycling. Number of volunteers: 84

Number of people benefitted: 34



EMERGENCY NUMBER CARD

DISTRIBUTION:

A card consisting of several helpline numbers was given to the people of Vadakkalur which they could use for emergency purposes. Number of students participated:84

Number of cards distributed: 50

உலகில் நீங்கள் காண விரும்பும் மாற்றமாக
இருங்கள் . -மகாத்மா காந்தி

**7 நாட்கள்
சிறப்பு முகாம்
2019 - 2020**

குமரகுருதொழில்நுட்பக் கல்வாரி
நாட்டு நலப்பணித் திட்டம்
செஞ்சுருள் சங்கம்
தன்னார்வக் குருதிக் தொடையாளர் சங்கம்

அவசர உதவி எண்கள் அட்டை

அன்னூர் காவல் நிலையம் - 04254262239 , 100
ஆம்புலன்ஸ் - 09842011724 , 108
தயணைப்பு மற்றும் மீட்பு சேவைகள் - 101
ரயில்வே விசாரணை - 131
விவசாயிகள் உதவி எண் - 1800-180-1551
இரத்த வங்கி - 1910
மூத்த குடிமக்கள் உதவி எண் - 1253
கண் தானம் வங்கி - 1919
குழந்தைகள் உதவி எண் - 1098

VALEDICTION:

The 7 days special camp was finally concluded by thanking everyone in the pleasant evening. The volunteers, village head, the Head Master and all the people were thanked for their fullest cooperation, involvement and support to conduct the camp in a successful manner.



UBA SURVEY CAMP - 1



The Unnat Bharat Abhiyan (UBA) is a household survey aims at collecting and analysing a particular village about the availability of basic needs. The volunteer themselves interacted with the residents, get to know their domestic problems and their household needs availed which can be further be put forth to the concerned higher authorities.



Number of participants - 23



08-02-2020, Sunday



Chinnamettupalayam

UBA SURVEY CAMP - 2



The Unnat Bharat Abhiyan (UBA) is a household survey aims at collecting and analysing a particular village about the availability of basic needs. The volunteer themselves interacted with the residents, get to know their domestic problems and their household needs availed which can be further be put forth to the concerned higher authorities.



Number of participants - 15



01-03-2020, Sunday



Anjugam Nagar

**RED
RIBBON
CLUB** 

**KUMARAGURU COLLEGE OF TECHNOLOGY
COIMBATORE-641049**

BLOOD AND ORGAN DONATION AWARENESS RALLY



The blood donation and organ donation awareness rally is organized to invoke awareness about blood and organ donation. Seventy students actively participated in the rally and passive students also get motivated. Scientific information and statistics about health have showed up through valuable posters. So , students went on a cycle rally holding posters depicting the positives of blood and organ donation .



Number of participants - 70

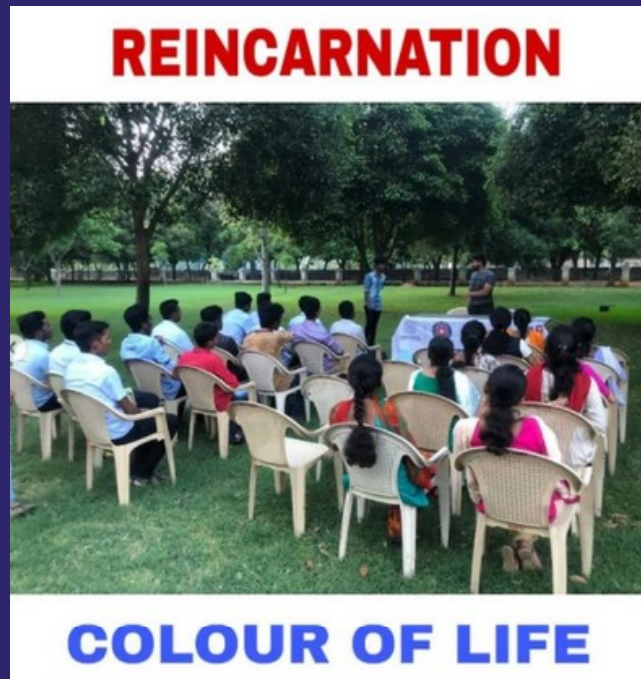


14-10-2019 , Monday



MVB Lawn , KCT

REINCARNATION - COLOUR OF LIFE



The objective of the event is to pitch the importance of health and organ donation among students through valuable speech given by Mr.Prasanth. Boosted up the youngster minds with contemporary health Information through brainstorming session. Active participation in the event was rewarded.



Number of participants - 50



14-10-2019 , Monday



MVB Lawn , KCT

NEERINDRI AMAYAADHU ULAGU



This is a field visit to explore the importance of water conservation through exploring and taking part of water conservation projects carried out by siruthuli. Participants have gained the valuable information through the prototype of water conservation projects exhibited in Siruthuli. Participants share their knowledge with employees of Siruthuli about the futuristic steps and projects carried out for water conservation .



Number of participants - 50, Students-5



12-02-2020 , Wednesday



Siruthuli Noyyal Centre

GENERAL CHECKUP FOR WORKERS



This event was conducted to provide free health checkup for teaching and non teaching staffs, mess workers, house-keeping workers of KCT in association with One care Medical Centre . They were provided with good consultation for their medical issues .



Number of participants - 180



19-02-2020 , Wednesday



KCLAS Seminar Hall

SCRATCH - ONLINE PRODUCT FAIR



This event was conducted to induce the students exploring their own filed of interests through showcasing products or crafts using available resources. To make students aware about value of time and bring mental relaxation through these activities.



Number of participants - 50



24-04-2020 - 30-04-2020



KCT_NSS_RRC_VBC Instagram page

WEBINAR ON WOMEN'S HEALTH

Webinar

What is a thyroid gland?

- Plays a role in:
 - Growth
 - Development
 - Stimulating heart rate & contraction
 - Production of carbohydrates, proteins
 - Managing the levels of cholesterol, vitamins requirements in the body

What treatments are available?

- Depends on the condition and the cause
- Both hypo/hyper thyroidism can be treated with medication
- For hypothyroidism- weight loss helps
- Changes in diet & lifestyle- key!

THYROID

How can it affect the cycle?

- Can cause hormonal imbalance
- Can change the cycle length
- PCO
- May get cycles without ovulation hence affect fertility
- Can affect early pregnancy

Webinar

How do I know that I am a PCO?

- PCOS is a spectrum
- There is no 1 way of diagnosing someone as PCO
- Should have at least 2 of the three mentioned:
 - Irregular cycles
 - Hormonal imbalance diagnosed either by physical changes or lab tests
 - Ultrasound showing single or both ovaries with multiple cysts

Are there long term effects to PCOS?

- Prolonged infertility
- Type 2 Diabetes
- Hyper tension
- Cancer (endometrial cancer)
- Depression
- Mood swings
- Day time drowsiness

what changes can I make ?

Lifestyle and PCOS

- Exercise regularly (30 minutes at least three times a week)
- Aim for 5-10% weight loss per 6 months

Does diet matter?

- Eat a healthy balanced diet. This should include fruit and vegetables and whole foods (avoid everything white: lean meat, fish and chicken)
- You should cut down the amount of sugar, salt and caffeine that you eat and drink
- Eat meals regularly, especially breakfast

PCOD

An online webinar session conducted by Dr.Ramya Jayaram from Motherhood women's centre was an eye-opener to understand the reason and control measures of PCOD and thyroid . It is understood that PCOD and thyroid can be handled and well treated with proper intake of healthy food and regular exercises .



Number of participants - 30



30-04-2020 , Thursday



Webinar via Webex



**VOLUNTARY
BLOOD DONORS
CLUB**

**KUMARAGURU COLLEGE OF TECHNOLOGY
COIMBATORE-641049**

BLOOD DONATION FOR EMERGENCY PURPOSES



The Outcome is to arrange blood to patients via phone calls. Volunteers are connected with hospitals at Coimbatore and requested units of blood are arranged during emergency situations .



Number of units of Blood donated - 409



All days



To the hospitals at Coimbatore

BLOOD DONATION CAMPAIGN



The Outcome of campaign is to encourage the students who volunteer themselves to donate blood. Students and staffs of KCT volunteered themselves to donate blood . 109 units were collected by this campaign. Number of Student volun



Number of participants - 155



30-10-2019



KCT



KUMARAGURU COLLEGE OF TECHNOLOGY
COIMBATORE-641049



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OTHER VOLUNTEERING ACTIVITIES

KARE VOLUNTEERING

The Kumaraguru Action for Relief and Empowerment (KARE) is a volunteer movement that supports victims of natural disasters and other calamities by offering the basic needs (food and clothes) to them . The volunteers of NSS_RRC_VBC took part in various mission to help people along with the KARE team .

KARE MISSION -1



2



10-08-2019



Attapadi



KARE MISSION -2



1



12-08-2019



Sethumadai



KARE MISSION -3



2



15-08-2019



Wayanad



KARE MISSION - 4



2



06-09-2019



Gudalur



SWAGATHAM VOLUNTEERING



18-08-2019



KCT Campus

TREE PLANTATION



27-07-2019



KCT Campus

On the remembrance of Dr.APJ Abdul Kalam , we planted tree saplings in order to create a sustainable KCT campus . We held hands with Nature Club of KCT to make this iniative a impactful success.



MILK DISTRIBUTION ALONG WITH NAMADHU PANGU



11-10-2019



UBA Villages

An Opportunity to serve the victims was felt. Our Club volunteers extended their support to the children along with the KARE team and NAMADHU PANGU team distributing milk .



CODISSIA VOLUNTEERING ALONG WITH NAMADHU PANGU



31-08-2019



Codissia

A science expo exhibiting the projects of school children was conducted at Codissia. We volunteered the event helping children exhibit their science projects. We spent time with school children exploring their talents and encouraged them as supported from our end to KARE and NAMADHU PANGU services and initiatives.



THANNARVA SEVA VOLUNTEERING ALONG WITH MICROCOSM



02-10-2019



KCT Campus

An event of paying tribute to the father of our nation on his 150th birth anniversary of Mahatma Gandhi happened at KCT. Around 300 students from Kumaraguru institution and 30 volunteers from various NGOs and corporates in the region around the campus came together as a community to initiate the creation of a percolation pond that can harvest 32,00,000 litres of rain water. We participated as volunteers as a support to this initiative .



AHIMSA VANAM VOLUNTEERING WITH MICROCOSM



10-10-2019



KCT Campus

An event is to commemorate the 150th birth anniversary of Mahatma Gandhi and to promulgate the significance and relevance of Gandhian ideals of Ahimsa and Satyagraha where they initiated the creation of Ahimsa vanam, a tranquil forest garden ,curated to exist as a multifunctional landscape to enhance urban resilience.

We participated from our club and Learnt the need of sustainable environment around us. Learnt the need of forests and planting of different seeds



UYIR CLUB VOLUNTEERING



07-09-2019



KCT Campus

The Uyir Club of Coimbatore city conducted a certification training program on road safety.

From our club we participated and learnt the rules and regulations to be followed on the road and the safety.

Certificates were given to the students who have attended by the Uyir club of Coimbatore.



NATIONAL VOTERS DAY



25-01-2020



KCT Campus

Every year 25th January is celebrated as National voters day in India. As per the notification received from the Tamilnadu Government , voters day pledge was taken by us and we went on an awareness rally at Saravanampatti with the Government officials insisting the importance of 'Right to vote' to the people. The Coimbatore District recognized us with award and certificate. Number of students



YUGAM SOCIO-CONSTANT 2020



February - March



KCT Campus

The Socio-Constant team of Yugam 2021 have done various socialistic activities under the missions "ASPIRE - EMPOWER - CHANGE". Our volunteers took part in the activities of enlightening the young minds in nearby schools with simple science experiments and healthy lifestyles. Number of volunteers : 20



YUGAM 2020 - SAFETY & SECURITY



27-02-2020 - 07-03-2020



KCT Campus

The techno-cultural sports of KCT - Yugam 2020 , happenend in our campus involving students from various colleges during the first week of March. Our volunteering stood as the team of safety and security guiding way to the participants , handling the crowd and cooperating with the events to be conducted in a smooth manner.



STAFF CO-ORDINATORS



DR.G.SATHYAMOORTHY



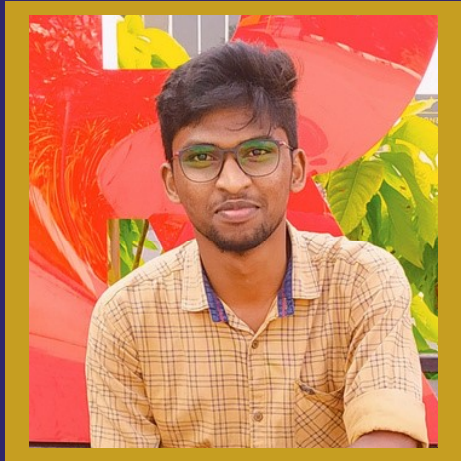
MR.K.NAVEEN KUMAR

Thank you for the support and encouragement you have given us throughout the year!

- TEAM 2019-2020

OFFICE BEARERS

NATIONAL SERVICE SCHEME



UMAPATHI . P
PRESIDENT



DEVI PRABHA .A
VICE PRESIDENT



THAMIZHANBU .E
SECRETARY



DIKSEEKA .J
JOINT SECRETARY

OFFICE BEARERS

RED RIBBON CLUB



HARISUBASH .S.N
PRESIDENT



KIRUTHIKA .J
VICE PRESIDENT



SURYA PRAKASH .K
SECRETARY



RASHMI .S
JOINT SECRETARY

OFFICE BEARERS

VOLUNTARY BLOOD DONORS CLUB



SRITHAR .P
PRESIDENT



BALAJI .R
SECRETARY

NSS_RRC_VBC



NITISH PRABHU .S
TREASURER



SIVASANKARI .R
JOINT TREASURER



SANGEETHA .G
PRO

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NSS_RRC_VBC



GUGAN .A



MOUNICASREE .K.G



RAM PRAKASH .G



MOHANA PRIYA .S



KAPIL ANANDH .P



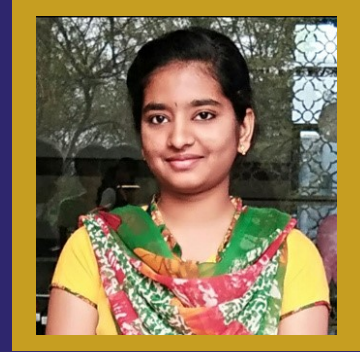
SHRIVARTHINI .V

BOARD MEMBERS

NSS_RRC_VBC



ARUL PRAKASH .A



YASIKA .M



ALEX .E



PADMA GANESAN



MOUNIKA .K.S



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KAMALI .K



TAMIL SELVAN .R



RAGHUL .K.C.K

THANK



"EVERYTHING STARTS FROM WITHIN"

Stand together as a team to create a
beneficial impact to the society.

ALL THE BEST

-- Team 2019-2020 --

CONFLUENCE BOOK



KUMARAGURU
college of technology
character is life



KUMARAGURU COLLEGE OF TECHNOLOGY
COIMBATORE-641049



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**2020
2021**

**ANNUAL COMPILATION OF
NSS_RRC_VBC**

NATIONAL SERVICE SCHEME

NOT ME BUT YOU

To make young students inspire in service of people by aiming Education through Community Service and community service through Education.

RED RIBBON CLUB

PREVENTION IS BETTER THAN CURE

To spread awareness among the youth community about HIV/AIDS and other dreadful diseases . To emphasize about the preventive measures to be taken and impart knowledge .

VOLUNTARY BLOOD DONORS CLUB

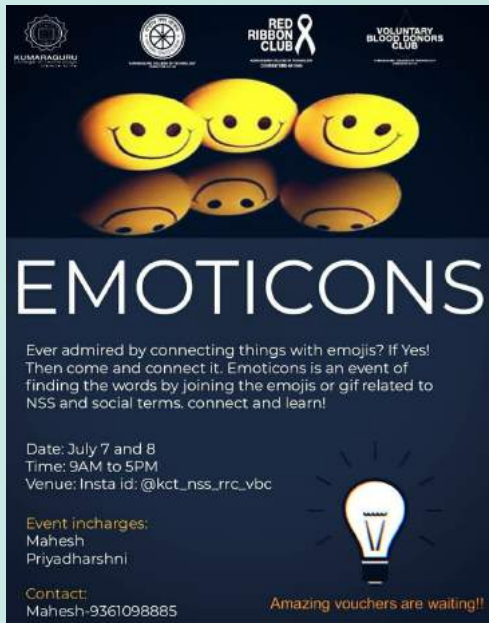
EVERY BLOOD DONOR IS A LIFE SAVER

To donate blood through the volunteer who come forward to save a life in contact of emergency. To aware people about the importance of blood donation.



KUMARAGURU COLLEGE OF TECHNOLOGY
COIMBATORE-641049

EMOTICONS



The main motive behind this 2 day series, was to let the participants discover some exciting terms related to NSS and current affairs that actually turned the globe head over heels. The participants were given a challenge to find the word depicted by a set of emojis and GIF gestures to grab their trophy. The event has been completely held on online mode.

Number of participants-100

Date/Day-7,8 July 2020

Platform-Instagram

INSPIRE



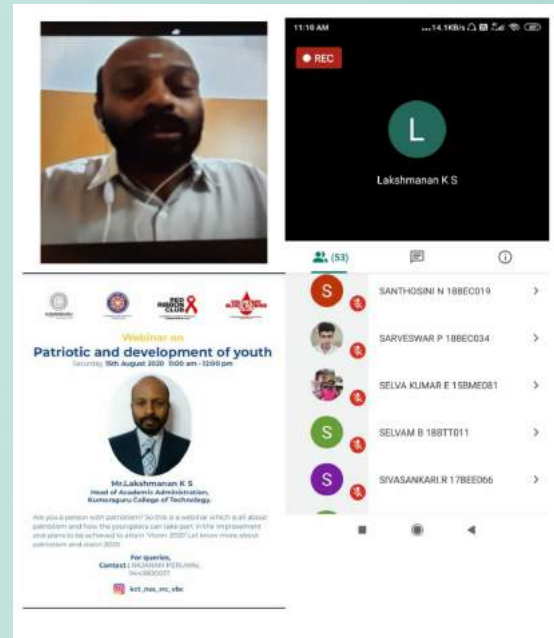
The objective of this event is to identify inspirational people of students. They were asked to post the picture of their inspiration and write a few lines on what made them inspiring. This appreciation towards the people in our lives and the inspiration we acquire from them, is what makes us go forward. Character, quality and ability is what we get inspired and in actions we adapt and implement.

Number of participants-80

Date/Day-22 July 2020

Platform-Instagram

PATRIOTIC



The main motto of this event is to make the youngsters to take part in the improvement and plan to be achieved to attain "Vision 2020". The session was handled by Mr. Lakshmanan K S, Head of Academic Administration, Kumaraguru College of Technology. The speaker took the session interestingly by quoting examples, how can we achieve something by setting goals.

Number of participants-78

Date/Day-15 August 2020

Platform-Google meet

HOME GREEN HOME



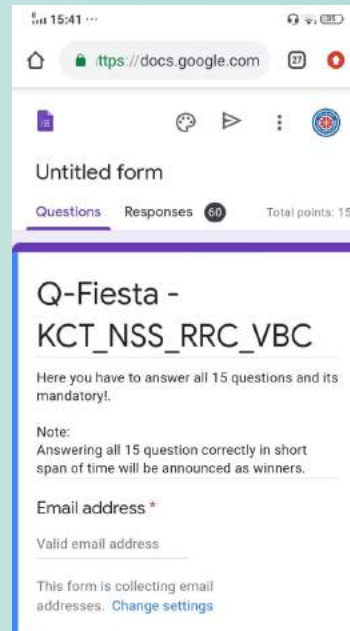
On the occasion of 51st NSS day celebrations , NSS in association with Nature club of kumaraguru inaugurated and conducted a event named “Home green home”, a sustainability challenge and a webinar on home gardening. Our guest speaker Ms. Shanthini Balu lectured us on the various topics of gardening. The preparation of soil and manures were also covered during the webinar.

Number of participants-78

Date/Day-24,25,26 September 2020

Platform-Microsoft Teams

Q-FIESTA



The objective of this event was to develop a sense of selfless service among the students on the occasion of the birth anniversary of the Missile Man.

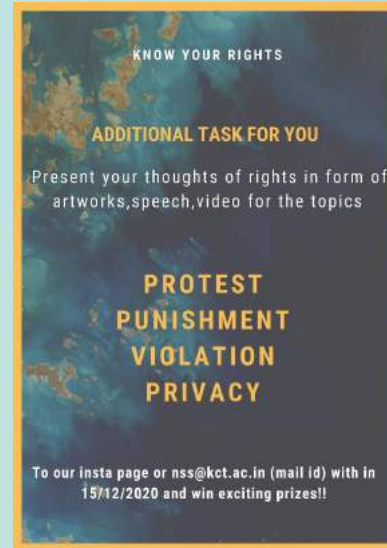
This was an informative event conducted to make the students more aware of the details related to National Service Scheme. It's a competition where participants play against each other to get the highest score, which makes it interesting and informative.

Number of participants-60

Date/Day-15 October 2020

Platform-Google Forms

KNOW YOUR RIGHTS



The main motto of this event is to let everyone know about the fundamental rights. Different pictures and videos were displayed in the stories of our Instagram page. The participants were asked to find words and laws related to Human rights and tested how aware they are about it. The participants were also provided with 4 different topics and were asked to send a mail of their thoughts as a video or art or audio regarding the given topics.

Number of participants-27

Date/Day-10 to 15 December 2020

Platform-Instagram

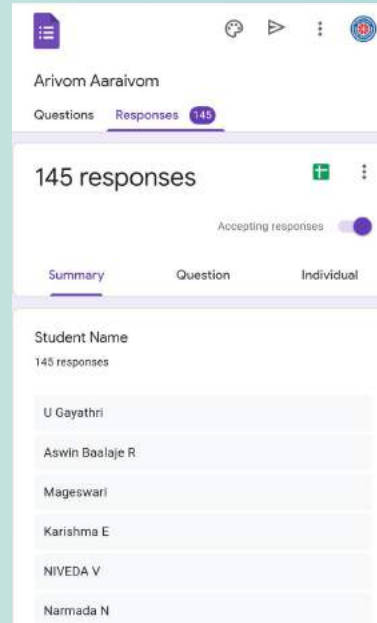
VAKKURIMAI



The India is a Democratic country. It is the duty of every living citizen above age 18 to vote to select the deserving candidate. At times we don't understand the power we hold and the significant change we can create. On account of this, we conducted an event named “வாக்குரிமை The right to vote”. It involves creating awareness on Voters day by Instagram poll and google form to represent various steps of the election process.

Number of participants-150
Date/Day-25 to 31 January 2021
Platform-Instagram

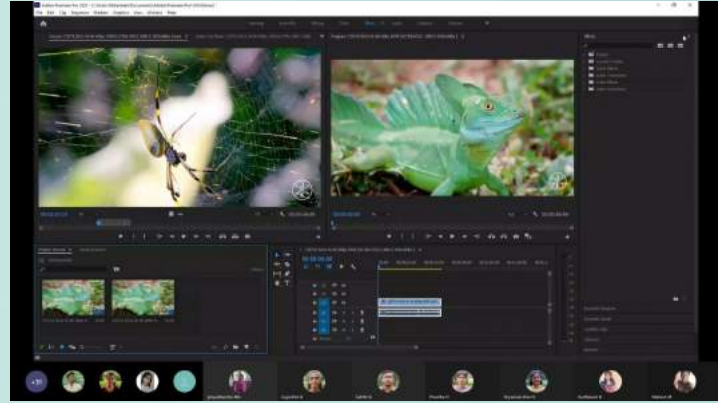
ARIVOM AARAIVOM



The main motto of the event is to gather information about the society around us and to make our Juniors learn/know about canvassing and interaction with People. The survey "Arivom aaraivom" was conducted to know the challenges that different sectors of people come across in their day-to-day life. In our survey we have included 5 categories of workers. Each category consists of 10 questions.

Number of participants-115
Date/Day-7 to 13 February 2021
Platform-Google Forms

KATTRAL



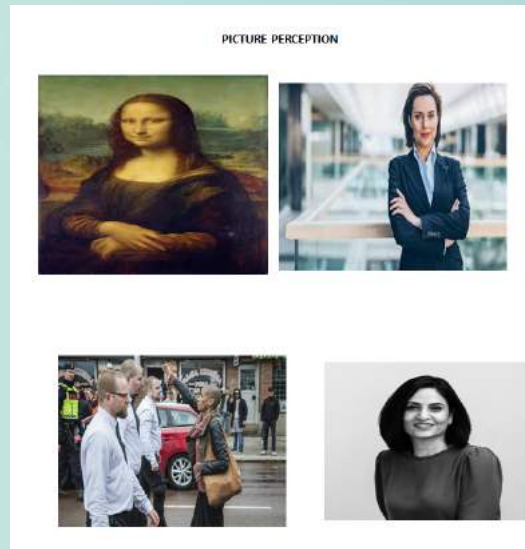
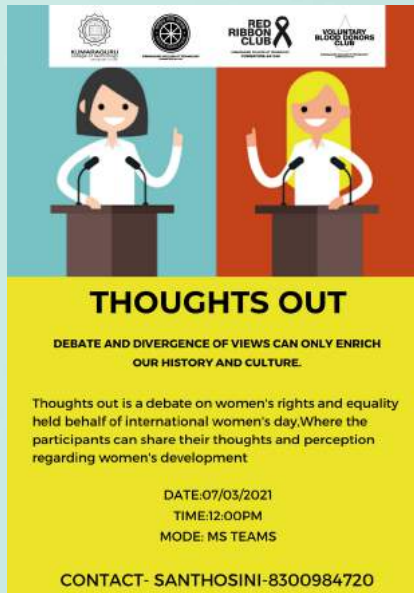
The students were exposed to the leading video editing software – Premiere Pro and to the well-known digital motion graphics platform- Adobe After Effects. Overview of Premiere pro automated tools has been explained to the students, then the session explained about assembling and editing in Premiere Pro. It was followed by Adobe After Effects. Attendees virtually visualised the demo of creating a spectrum and transition in a video. The peer learning session ended with a video tutorial in Kinemaster.

Number of participants-35

Date/Day-27 February 2021

Platform-Microsoft Teams

THOUGHTS OUT



In the new normal, the virtual events are a new lifestyle which helped us to communicate each other and it still speaks the thoughts out about women. Thoughts out was a debate to speak about the women's rights on the International women's day although it is like a talk show to express their views in this platform. The main motive of this event is to bring out the views and thoughts of an individual about women rights and equality, through the debate.

Number of participants-30

Date/Day- 7 March 2021

Platform-Microsoft Teams

ADVERTISE



In this pandemic situation its been really a rollercoaster for most business especially marketing. Marketing business has faced a lot of challenges during the breakdown. The main aim of this event is to analyse and improve marketing skills of the participants. They were given with the products and asked to promote them. The participants has took the challenge with great enthusiasm.

Number of participants-25

Date/Day- 7 March 2021

Platform-Microsoft Teams

DANDI MARCH



As AICTE requests all the Universities/institutes situated along the route of Dandi Yatra to organize special events for the celebration of 'Azadi Ka Amrut Mahotsav' for Dandi Yatra, we made an awareness video on Dandi March and Importance of Voting. This Dandi March played a major role in Freedom India Movement. The Satyagraha campaign of the 1930s also forced the British to recognise that their control of India depended entirely on the consent of the Indians.

Number of participants-50

Date/Day- 5 April 2021

Platform-Instagram

SAP



Swachhta Action Plan (SAP) workshop is an initiative by the Central Government of India's MGNCRE. This workshop mainly focused on improving clean and green campus, enriching water resources by water conservation. The importance of our and our family mental health was emphasized in this webinar. The participants were enlightened with many possible solutions for various COVID related problems.

Number of participants-55

Date/Day-16 May 2021

Platform-Zoom

The YOU



The you is an initiative to motivate children by providing them a career guidance support documents in the form of pamphlets to pursue their goal. The career goal information from the school children regarding their aim has been collected. Preparing guidelines to achieve their goal for every individual. The printed manual should be distributed to the respective child, in order to support and encourage the young minds to achieve their dream.

Students impacted- 50
Month - May 2021



**RED
RIBBON
CLUB**

**KUMARAGURU COLLEGE OF TECHNOLOGY
COIMBATORE-641049**

PETSCAM



The main theme of this event is to create awareness among the students about zoonoses diseases and their relationship with pets. Here we created a bingo challenge, and, in that bingo, we included how the people spend their time with their pets and whether they have vaccinated their pets and so on. By this event all the participants gained the knowledge about pet vaccination and zoonotic disease.

Number of participants-50

Date/Day - 6 July 2020

Platform-Instagram

YOUVANA SAMUTHAYAM



The speaker was Dr. Shakulhameed. J, an occupational Therapist (Neuro Psychiatry) and Founder and chief executive officer of "Vidhi Sei" Foundation. He gave a motivational talk to involve youth in social service and to avoid mobile phone addiction. The main motto of this event is to create awareness among the youth to avoid mobile phone addiction and involve them in social service.

Number of participants-100

Date/Day - 22 July 2020

Platform-Google meet

QUIZCINE



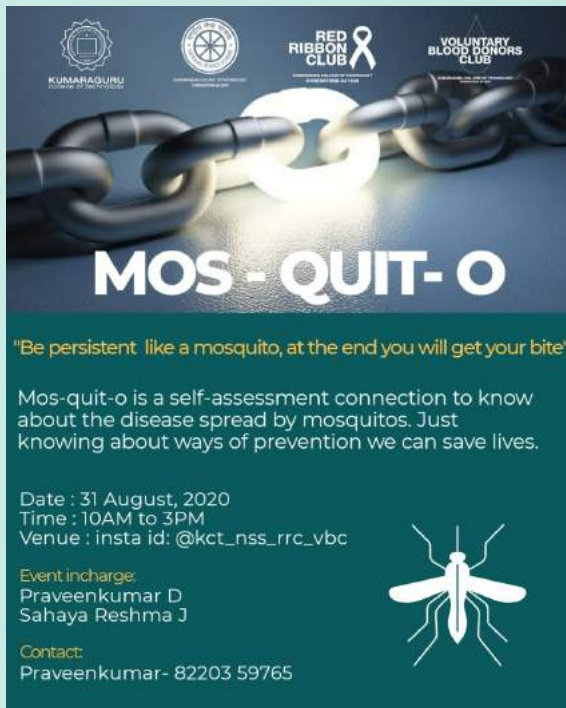
The main motto of this event is to analyse the knowledge we have about Covid-19 and to battle stress, depression and to take care of our mental health. The one who is aware of the latest happenings has been awarded as the winner. As an outcome of the event, we made every participant to understand the forthcoming of not being aware of the Covid-19 updates. We also created awareness on social distancing and other norms to be followed.

Number of participants-80

Date/Day - 7 August 2020

Platform-Telegram/Google forms

MOS-QUIT-O



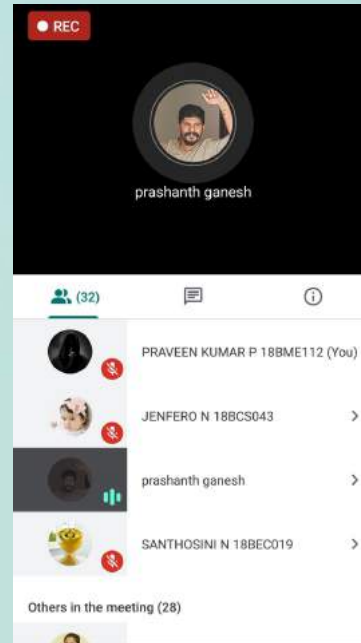
The main motive of this event is to create awareness about the disease spread by mosquitoes. Mos-quit-o is a self-assessment connection to know about the disease spread by mosquitoes. Just knowing about ways of prevention we can save lives and through this event we have created awareness about different diseases and the prevention method.

Number of participants-80

Date/Day - 31 August 2020

Platform-Instagram

DETOX



The speaker invited was Mr. Prashant Ganesh. The main objective of this event is to make the participants aware of the dangers of drug addiction and its effect on human health. Speaker created awareness about dangers of drug addiction through his own story. He said that it does not matter how slowly you go if you do not stop. He also made us aware of how he came out of it and how it turned his life path.

Number of participants-40
Date/Day - 28 October 2020
Platform- Google meet

GRASP AND SCRAWL



“Between living and dreaming ,there is a third thing.
Guess it.”
— Antonio Machado

Guessing and describing is a major part in all our daily activities. **“Grasp and Scrawl”** an event based on guessing what a scenario or situation says and **give your write up or quotes about the given scenario!!**

Date : 29 /10 /2020.

Time : 10 AM - 4 PM

Venue: Insta @kct_nss_rrc_vbc

Event incharge:

Karthikeyan
Divona Mary

Contact :

Karthikeyan - 7639933976



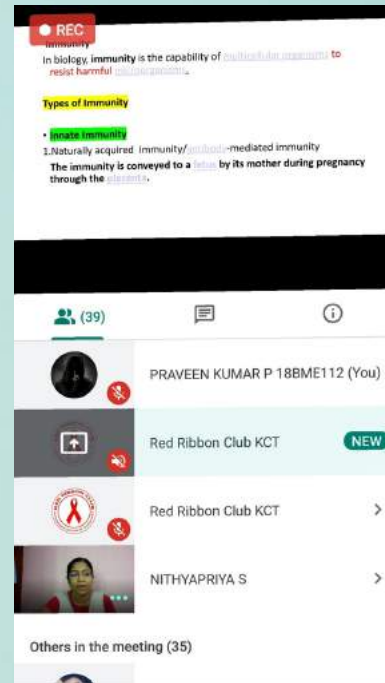
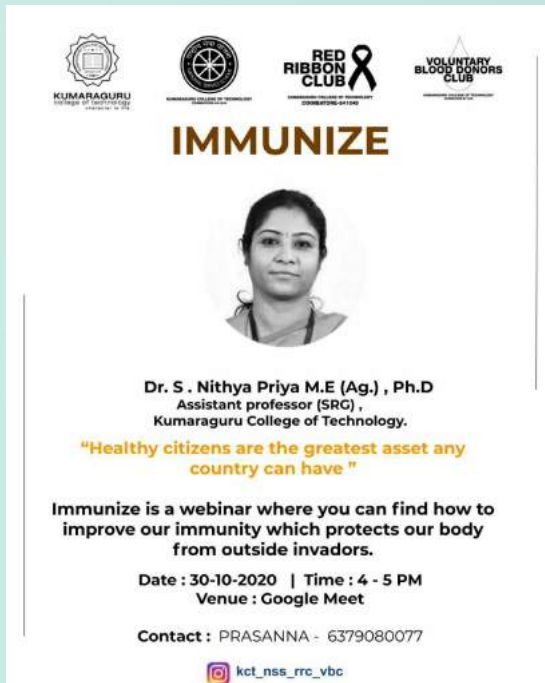
Grasp and scrawl is an online event based on guessing what a scenario or situation says. The participants were asked to do a write up or to send a quote about the scenario. The main objective of this event is to create awareness about the dangers of drug addiction through the quotes and write up.

Number of participants-45

Date/Day - 29 October 2020

Platform- Instagram


IMMUNIZE



The main motto of this event is to gain more knowledge about our body's immune system and how we can improve it. The webinar is handled by Dr. S. Nithya Priya, Assistant Professor, Kumaraguru College of Technology. The speaker clearly explained what Immune system is, the types of immunity, and how to follow a healthy diet and lifestyle to improve our immune system.

Number of participants-45
Date/Day - 30 October 2020
Platform- Google meet

MIND FREAK



MIND FREAK

"A great many people think they are thinking when they are merely rearranging their prejudices."
— William James

December 1st is "World AIDS Day" and to mark this we've put together a **Quiz** to test your knowledge about the disease and highlight some of the outstanding research into the disease.

Date : 01 December ,2020.
Time : 10 AM - 4 PM
Venue: Google Form
For more details follow us in insta @kct_nss_rrc_vbc

Event incharge:
Karthi
Santhoshini
Contact:
Karthi - 9843172885



MIND FREAK

RUNNER

VENKATESWARI

2ND YEAR TEXTILE

KCT_NSS_RRC_VBC

The main motto of this event is to make participants aware of AIDS. We created awareness through quiz questions were asked based on AIDS. This made the participants to express their knowledge about AIDS and to learn about AIDS. As a result, the participants gained knowledge about AIDS and its difficulties.

Number of participants-50
Date/Day - 1 December 2020
Platform- Instagram

SKILL STATION



SKILL STATION

Skill Station is an event to showcase your individual talents via Meme creation, Essay Writing, Reels and Poster Making. Come and let prove yourself in Trending Concepts.

DATE: April 7- 11 (9:00AM - 6:00 PM)

CATEGORY: Content Writing (Blog & Essay), Reels (Video Making), Meme & Poster Creation.

TOPICS: Lockdown life, Corona vaccination, Difficulties faced during online class.

Event Incharge
JaiKeerthi T P
Devanand P S

Contact:
Devanand P S - 7598491757

Send Your Works To KCT_NSS_RRC_VBC Instagram Page



**Skill station event
LOCKDOWN LIFE**

As an integral part of the pandemic culture- wearing masks, maintaining a safe distance from one another, working from home became a part of our lives. But does that mean survival and working for survival are the sole purpose of our life in the 21st century? We all have been pushed to press a pause button in 2020 (the year of pandemic), for what purpose?

There are no such enlightening references in the holy books or in the sky or in the genomics about the purpose of life and happiness. And this pandemic has taught the supreme well-being of the ecosystem i.e., us (the human beings). We all are part of a design and we have to live it that way without causing any possible harm for others. This lockdown life forced us to think about the life we lived and the life we ought to live.

The need of the hour in this pandemic culture is to experience it and to gain knowledge from those experiences as an individual as well as a collective, in order to wipe out the havoc imprinted in our lives by the virus in the last several months.

"Uncertainty never ceases unless we tune ourselves to face it with a happy state of mind."

Blog by:
K.Karthikasri(18BBT031).

Skill Station was organised to bring out the hidden talents within an individual. This event had four categories like blog or essay writing, reels, meme and poster making. Participants were also provided with trending topics like lockdown life, corona vaccination and difficulties during online classes. This event helped the participants to ignite the creativity in them.

Number of participants-25
Date/Day- 7 to 11 April 2021
Platform-Instagram

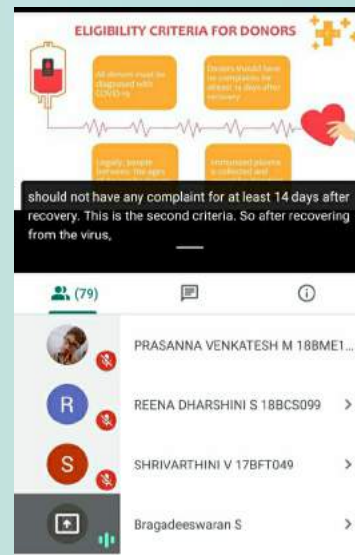


VOLUNTARY BLOOD DONORS CLUB

**KUMARAGURU COLLEGE OF TECHNOLOGY
COIMBATORE-641049**



BIO EMERGE



The main motto of BIO EMERGE event is to let all know about the ways we have to fight against corona. Plasma therapy, vaccines like Covaxin and other medications were the hope that we have now to fight against Corona 19. The speaker Mr. Bragadeeswaran, a 3rd year M.B.B.S student from Government medical college who has attended 2 major surgical workshops in Manipal and JIPMER conveyed the science behind plasma therapy to all the participants.

Number of participants-80

Date/Day-13 July 2020

Platform-Google meet

EZHUTHTHU



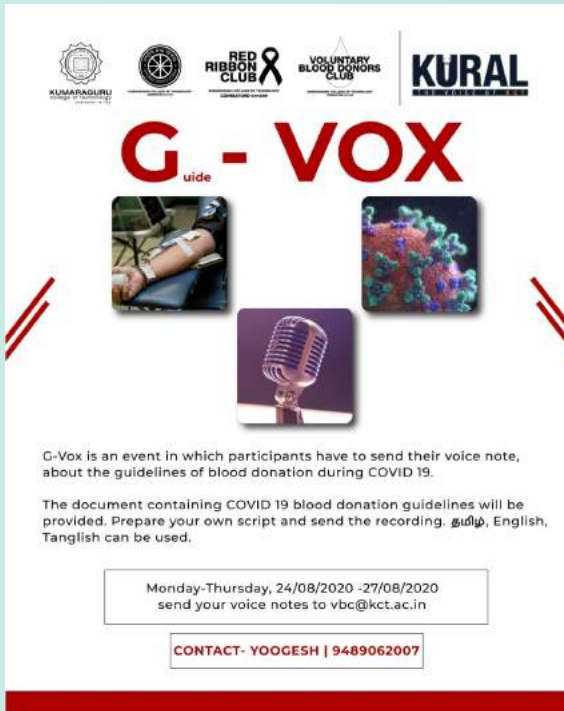
The demand for blood and blood product is constant, even when the world isn't in the midst of a global pandemic. The shortage and need for blood has left many wondering if it's still safe to donate, despite COVID-19 outbreak. So we conducted an event named "Ezhuththu" to create and spread awareness among everyone to know the importance of blood donation. It is a slogan and poetry writing contest to encourage and everyone to donate blood and plasma.

Number of participants-35

Date/Day-27 July 2020

Platform-Instagram

G-VOX



The main motive of this event is to voice out their opinion in blood donation during this pandemic situation. On the first day of the event ,the participants were provided with a document regarding “Guidelines of blood donation during COVID-19”.The participants had prepared their own content and sent their voice note to our mail Id: vbc@kct.ac.in.

Number of participants-15

Date/Day-24 to 28 August 2020

Platform-Mail

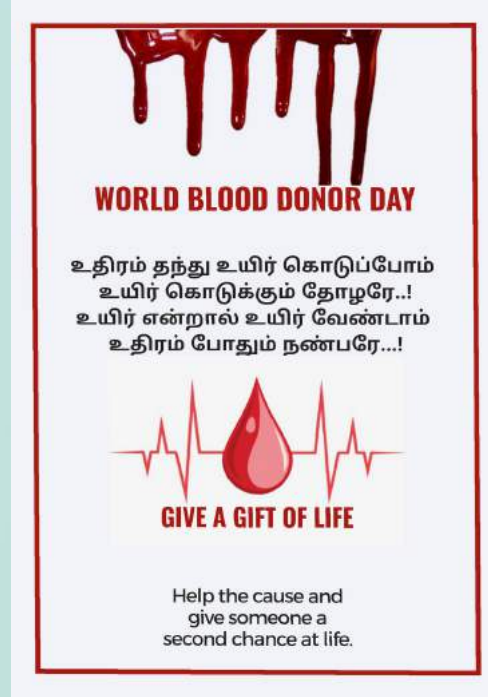
CARCINO



Carcino is a webinar event to get to know more about blood stem cells and to spread the knowledge of how blood stem cells donation can help patients to overcome cancer. The main objectives of this event is to let everyone aware of blood stem cells role in cancer treatment. Our speaker is Mrs. Sharanya, Corporate Partnership team DATRI, she conveyed about blood stem cells role in cancer and other treatments.

Number of participants-50
Date/Day-20 September 2020
Platform-Google meet

ART OF AWARENESS



Art of Awareness is an event to make a poster on your own to create awareness on Blood donation, Plasma Donation and Blood cancer in which you can express your creativity as an e-poster or hand-drawn poster based on the given topic. The main motive of this event is to bring out the artistic and creative ideas through your valuable posters and create a new ethics of awareness through the posters

Number of participants-20

Date/Day-18 to 23 October 2020

Platform-Mail

UTHIRAM



Uthiram - A Bulletin series by VBC is started to impart knowledge about the facts related to blood and blood related products and to let everyone know that the demand for blood products (blood, platelets and plasma), myth about transfusions and blood substitutes.

Date/Day-November 2020 -
January 2021
Platform-KCT Blog



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VOLUNTEERING ACTIVITIES

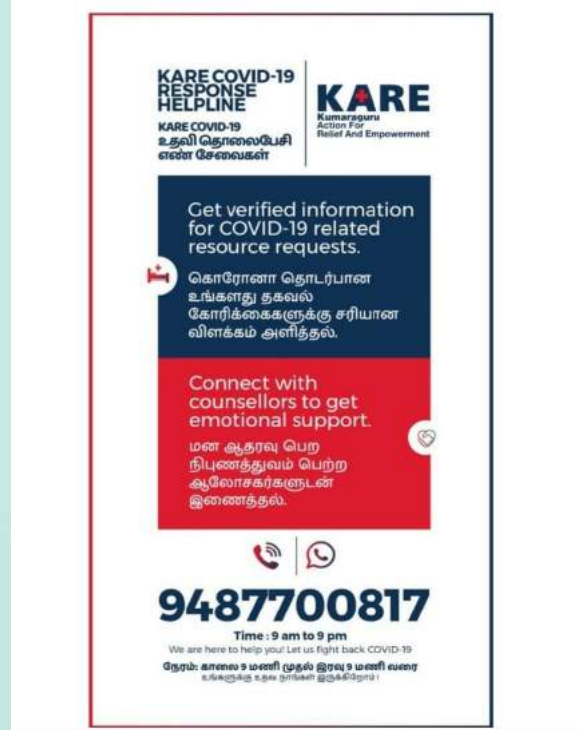
K-LEAP



K-LEAP was formed to assist and enhance the school children's learning process. To provide them career guidance and to provide them with necessary tech support to attend online classes. Our students volunteered themselves and donated their tablet which is in good condition to use. This K_LEAP team supported many school children with their academics.

Date/Day-August 2020

KARE - HELP LINE

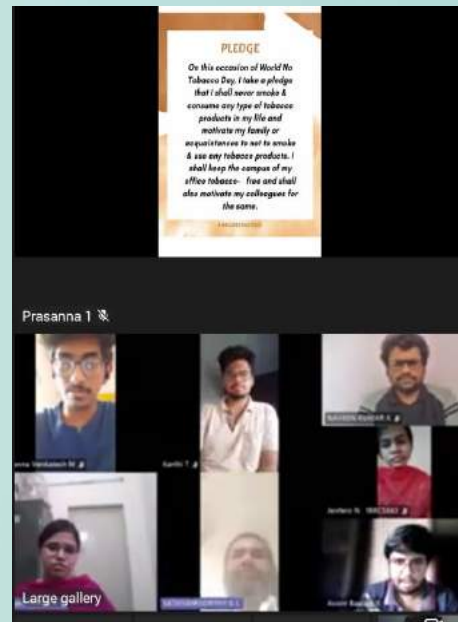
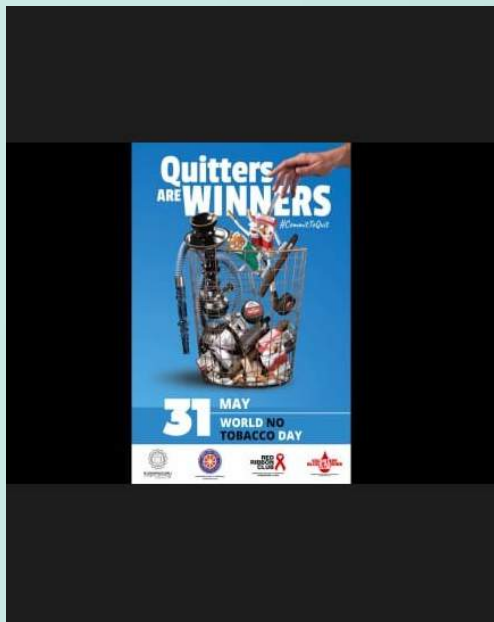


In this pandemic condition, we volunteered this KARE help line to ensure the mental health of the people, who helped us. We have contacted the staff members, securities, mess workers, Infra support workers, gardeners, drivers and office assistants to assure their safety and their family conditions during this pandemic. Incase if they had any problem it was recorded in a google form.

Date/Day-October 2020

Platform-Call, Google Form

NO TOBACCO



This is celebrated every year to inform public about the danger of using Tobacco and what people can do to claim their right to health and healthy living, and protect their future generation. A Pledge was taken by us as a sign indicating that, we will never use any tobacco products in our life and we will encourage others to do the same.

Number of participants-50

Date/Day-31 May 2021

Platform-Microsoft Teams

SOCIO-NICLES



SOCIO-NICLES is a newsletter series, where the impactful event done by Eleven social clubs and KARE were documented. It also acts as a medium to recognize the people who worked behind the screen to make those events successful.

Date/Day-25 February 2021

EEGAI



നടക്ക with YUGAM
IKIGAI

Sharing happiness is the greatest gift that you could give to someone. This Yugam'2021, we have brought to you a challenge that adds meaning and spreads happiness.

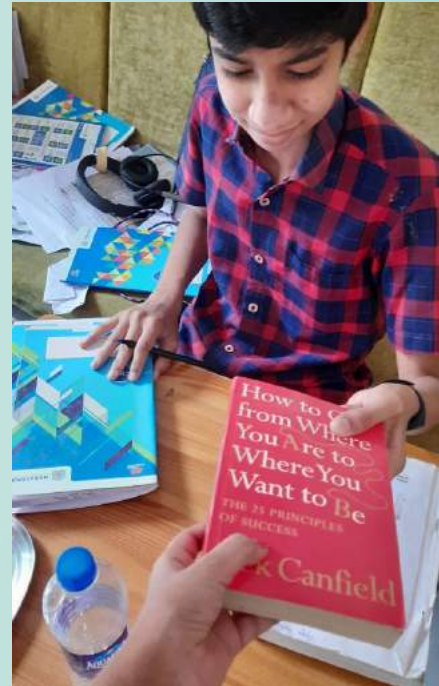
Steps

- 1 Get to know about a Child's Ikigai.
- 2 Support them in getting one step closer to what they want to become!
- 3 Tag @iactyugam and Share the smile of you and the child.
- 4 Challenge some of your friends with the #yugam_eegai_ikigai challenge.

What is Ikigai:
Iki, meaning "alive" or "life," and gai, meaning "benefit" or "worth." When combined, these terms mean that which gives your life worth, meaning, or purpose. Ikigai is a Japanese term meaning "The Purpose of Your Life". Ikigai is a place where your needs, desires, ambitions, and satisfaction meet.

Be a reason for a child to get closer to their Ikigai. Helping a child to achieve their dream is our Ikigai this #yugam2021
#yugam_socioconstant

Socio Constant



IKIGAI is a mission of YUGAM'21 Socio Constant. Our volunteers were asked to get to know about the children Ikigai. To support their passion we shared our ideas and some useful materials to attain their passion. A session was conducted and the students were asked to map what they love to do in their everyday life, in the charts to find their passion.

Date/Day- March 2021

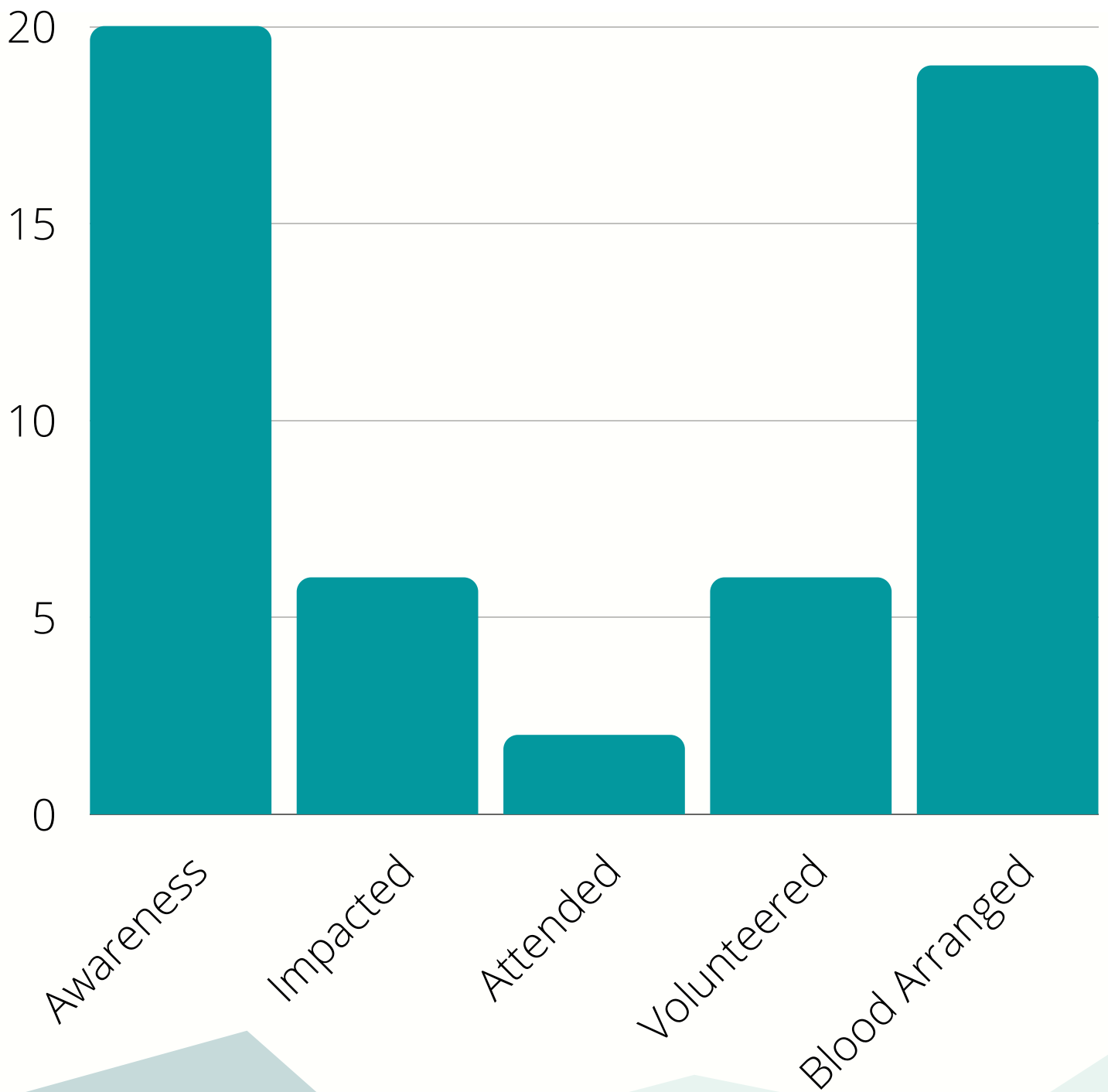
SEER



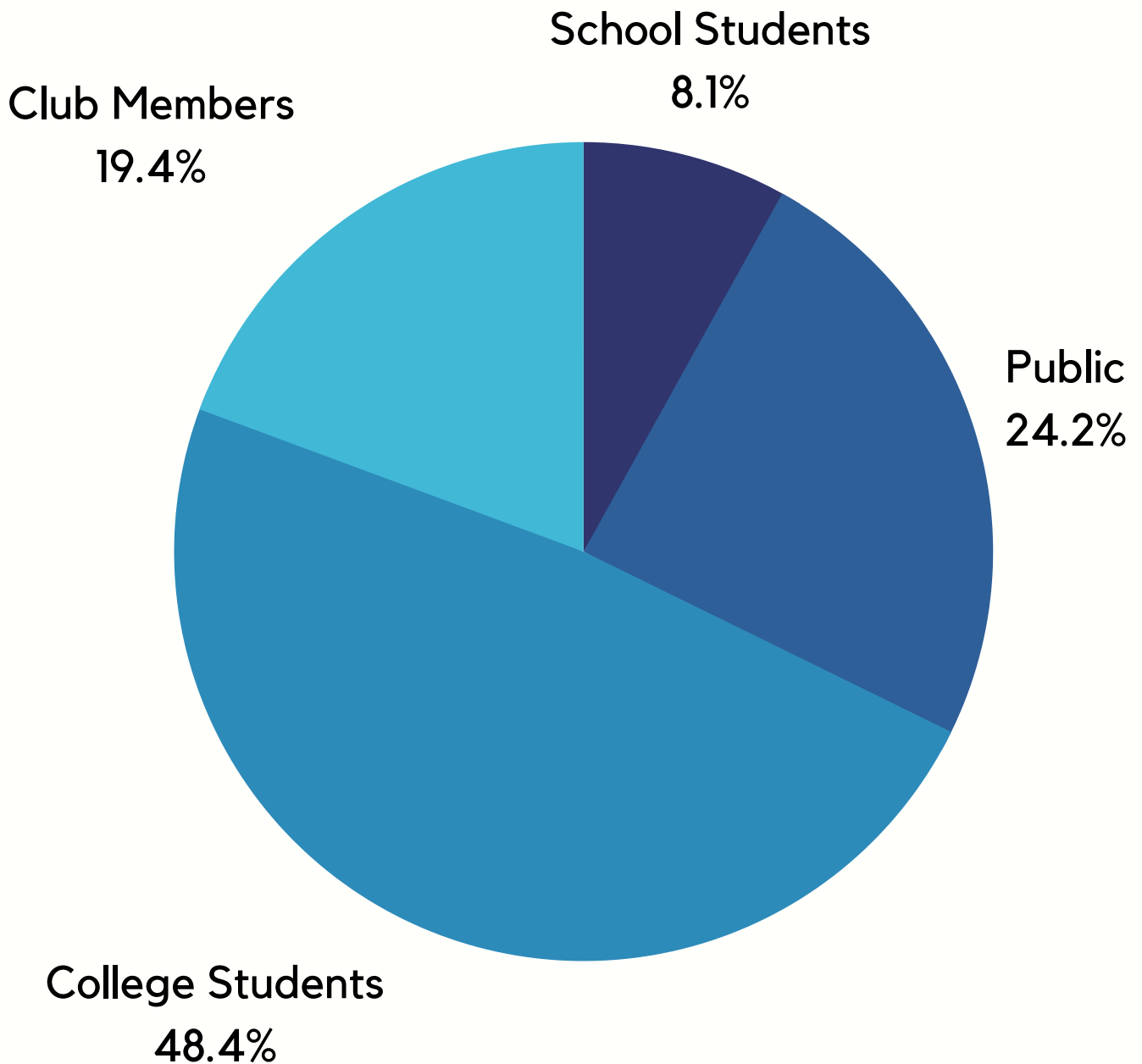
SEER is a part of YUGAM'21 Socio Constant. It is an emotional well being session for the kids conducted by Vallikala ma'am, Student Counsellor, she was accompanied by our volunteers. The session was about to see the brighter side of things and to embrace the small joys in life. Students engaged earnestly and they shared their joyful moments with our volunteers. The kids were very refreshed and learned a lot from this session.

Date/Day-28 March 2021

NUMBER OF EVENTS-34



PEOPLE IMPACTED



STAFF CO-ORDINATORS



DR.G.SATHYAMOORTHY



MR.K.NAVEEN KUMAR

Thanks for the constant support and guidance that you have provided us throughout the year.

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NIVETHA S



SRI NIVETHA



SELVAM B



APARNA A



SUDARSANA SS

Thank You

We make a living by what we get,
But we get a life by what we give.

..... 2020 - 2021